

Parker J. Palmer Courage to Teach Award



The Parker J. Palmer Courage to Teach Award honors program directors who find innovative ways to teach residents and to provide quality health care while remaining connected to the initial impulse to care for others in this environment. Parker J. Palmer is the author of the book *The Courage to Teach* and whose promotion of the concept of "living divided no more" has proven relevant to teaching in academic health centers.



Douglas Fredrick, MD

Program Director for Ophthalmology
Stanford Health Care
Palo Alto, California

Nominators had this to say:

“Dr. Fredrick is always thinking of innovations for his program— one example being an early champion of the Stanford Mentoring Initiative for residents which stresses relationship based mentoring and supports trainee well-being. His program was a leader in the implementation of this project which has demonstrated successful outcomes as measured by our House Staff survey satisfaction scores.”

“Dr. Fredrick is extremely active in the education of medical students, heading a special interest group in ophthalmology. He was a member of the first group of fifteen Educators for CARE to which he dedicated 20% of his time over those formative years, in addition to another 25% directed towards resident education as the Program Director and now also as vice chair for education. Despite that heavy teaching and mentorship role, he still is an enormously productive as a clinician providing outstanding care to patient with pediatric eye disorders and particularly motility disorders, and is considered one of the preeminent clinicians in Northern California.”