

# Supplemental Guide: Allergy and Immunology



August 2019

### **Milestones Supplemental Guide**

This document provides additional guidance and examples for the Allergy and Immunology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Patient Care 1: Medical Interview and Physical Examination of Adult Allergy and Immunology Patients	
Overall Intent: To conduct comprehensive and detailed medical interviews for patients over 18 years old who present with suspected allergic	
and/or immunologic disorders; to perform a physic	cal exam appropriate to age and to the specialty
Milestones	Examples
Level 1 Obtains a history and physical exam	<ul> <li>Obtains a history but misses relevant items, such as pertinent aspects of environmental, occupational, or family history</li> <li>Misses critical elements in physical examination, such as skin and nail findings, nasal crease, or organomegaly</li> <li>Gives unfocused and/or poorly organized presentations</li> </ul>
Level 2 Obtains a complete history and physical exam, extracting relevant elements for presentation of a patient with common conditions	<ul> <li>Elicits a complete history, including all elements, such as pertinent aspects of environmental, occupational, and family history</li> <li>Documents pertinent details of the home environment (e.g., a 30-year-old house with original wall-to-wall carpeting in bedroom, and the presence of a cat and a dog, in a patient with chronic rhinosinusitis and poorly controlled asthma)</li> <li>Identifies critical elements of common allergic and immunologic disorders in physical examination, such as dermatographism, nasal crease, and lymphadenopathy/hepatosplenomegaly</li> <li>Focused presentation of findings relevant to allergic and immunologic diseases, including a systematic and organized approach (e.g., atopic dermatitis, food allergy, allergic rhinitis, asthma, infections) and targeted physical findings (e.g., skin and nasal findings, nasal crease)</li> </ul>
Level 3 Obtains a complete history and physical exam, extracting relevant elements for presentation of a patient with complex conditions	<ul> <li>Identifies more difficult-to-elicit elements of the history, such as a detailed infection history in a patient with suspected immunodeficiency (e.g., recurrent cold sores, thrush, shingles), complex social history, and detailed family history</li> <li>Performs a thorough review of previous medical records provided by the referring provider, including laboratory and radiologic testing</li> <li>Identifies previous responses to treatments in complex patients, such as refractory atopic dermatitis and asthma</li> <li>Performs a detailed physical examination, including a thorough examination of lymphoid organs, identifying stigmata of complex allergic and immunologic diseases, such as urticaria pigmentosa, telangiectasias, absence of tonsils, etc.</li> </ul>
<b>Level 4</b> Efficiently obtains and communicates a focused history and physical exam for all patients	<ul> <li>Without prompting, obtains a medical release for outside records from a patient and follows up to identify important pertinent details unavailable from documentation provided by the referring physician</li> <li>Obtains a thorough history in a patient with a suspected immunodeficiency, with attention to comorbidities, including autoimmunity and lymphoproliferative disorders</li> <li>Elicits a history of a recent tick bite in a patient presenting with possible anaphylaxis</li> </ul>

	<ul> <li>Identifies a truncal rash as urticaria pigmentosa in a patient presenting with possible anaphylaxis</li> <li>Carefully characterizes the associated features in a patient presenting with recurrent angioedema, such as possible triggers (including medications, infection or trauma), the duration of episodes, occurrence of any associated symptoms, such as pruritus or joint pain, physical features, such as rashes, and efficacy or lack of efficacy of medications, such as antihistamines or corticosteroids</li> </ul>
Level 5 Efficiently obtains and communicates a	• Explores complicated family history to develop a pedigree for a suspected genetic disease
rocused history and exam, including sensitive,	<ul> <li>Explores concerns of non-compliance not directly offered by patient, including identifying barriers to consistently complying with treatment recommendations</li> </ul>
not be volunteered by the patient	barriers to consistently complying with realment recommendations
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Multisource feedback</li> <li>Medical record (chart) audit</li> </ul>
	Objective structured clinical examination     Simulation
Curriculum Mapping	
Notes or Resources	<ul> <li>American Academy of Allergy, Asthma, and Immunology (AAAAI)/American Academy of Allergy, Asthma, and Immunology (ACAAI) Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice Parameters. <u>https://www.allergyparameters.org/</u>.</li> <li>Core clinical allergy/immunology textbooks, such as: <ul> <li>Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice</i>. 8th ed. Philadelphia, PA: Saunders; 2013.</li> <li>Grammer L, Greenberger P. <i>Patterson's Allergic Diseases</i>. 8th ed. Philadelphia, PA: Wolters Kluwer; 2018.</li> <li>Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology: Principles and Practice</i>. 5th ed. Philadelphia, PA: Elsevier; 2018.</li> <li>Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies</i>. 1st ed. Academic Press; 2014.</li> </ul> </li> </ul>

Patient Care 2: Medical Interview and Physical Examination of Pediatric Allergy and Immunology Patients

**Overall Intent:** To conduct comprehensive and detailed medical interviews for patients 0-18 years old who present with suspected allergic and/or immunologic disorders, including age-appropriate interactions with both child and parent(s); to perform a physical exam appropriate for the specialty and age of the patient that puts the child at ease

Milestones	Examples
Level 1 Obtains a complete history and	• Obtains a history but misses relevant items, such as birth history, infection history, and
physical exam	pertinent aspects of family history
	Misses critical elements in physical examination, such as skin findings, dentition, short
	stature, failure to thrive
	<ul> <li>Interacts with the child, but not in an age-appropriate manner</li> </ul>
	Presentations not focused on relevant issues and/or poorly organized
Level 2 Obtains a complete history and physical	• Elicits complete history including all elements from both child and parent as appropriate
exam, extracting relevant elements for	Reviews growth charts and developmental history
presentation of a patient with common	• Focused presentation of findings relevant to allergic and immunologic diseases
conditions	• Identifies common stigmata of allergic and immunologic disease, such as nasal crease,
	allergic shiners
Level 3 Obtains a complete history and physical	Identifies more difficult to elicit elements of the history, such as anhidrosis, detailed
exam, extracting relevant elements for	Infection history, detailed family history interacting comfortably with the child
presentation of a patient with complex	Requests and reviews complete immunization record
conditions	• Identifies previous responses to treatments in complex patients, such as refractory atopic
	dermatitis and astrima
	Performs satisfactorily as a camp physician at a summer astrima camp     Performs a coroful and therewise review of provision medical records. John at a summer astrima camp
	• Periornis a careful and thorough review of previous medical records, laboratory, and
	<ul> <li>Identifies stigmata of allergic and immunologic diseases, such as urticaria nigmontosa.</li> </ul>
Loval A Efficiently obtains and communicates a	Without prompting, obtains a modical release for outside records from a patient and
focused history and physical exam for all	follows up to identify important pertipent details upayailable from documentation provided
nationts	by the referring physician
pationto	<ul> <li>Elicits a history of sleep disturbance in a patient with sever atopic dermatitis</li> </ul>
	<ul> <li>In a patient with recently identified X-linked Lymphoproliferative Disease (SH2D1A)</li> </ul>
	deficiency), carefully explores the family history and discovers several male maternal
	cousins diagnosed in childhood with lymphoma
	Elicits a history of hypohidrosis and notes conical teeth in a male child presenting with a
	history recurrent infections
	Obtains a history of extraction of all the primary teeth in an older child with recurrent
	pneumonias and recurrent skin infections

<b>Level 5</b> Efficiently obtains and communicates a focused history and exam, including sensitive, complicated, and detailed information that may not be volunteered by the patient	<ul> <li>Explores complicated family history to develop a pedigree for a suspected genetic disease, including immunodeficiency</li> <li>Identifies food allergy related anxiety and risks for bullying at school in a child with food allergies that is not directly reported by the parent or child</li> <li>Sensitively explores items of consanguinity or alienation of family members</li> <li>Explores concerns of non-compliance not directly offered by parents</li> <li>Discusses vaccine refusal and beliefs</li> </ul>
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> <li>Objective structured clinical examination</li> <li>Simulation</li> </ul>
Curriculum Mapping	
Notes or Resources	<ul> <li>AAAAI/ACAAI Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice Parameters. <u>https://www.allergyparameters.org/</u>.</li> <li>Core clinical allergy/immunology textbooks, such as: <ul> <li>Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice</i>. 8th ed. Philadelphia, PA: Saunders; 2013.</li> <li>Grammer L, Greenberger P. <i>Patterson's Allergic Diseases</i>. 8th ed. Philadelphia, PA: Wolters Kluwer; 2018.</li> <li>Leung DYM, Szefler SJ, Bonilla FA, Akdis CA, Sampson, H. <i>Pediatric Allergy: Principles and Practice</i>. 3rd ed. Philadelphia, PA: Elsevier; 2015.</li> </ul> </li> </ul>
	<ul> <li>Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology: Principles and Practice</i>. 5th ed. Philadelphia, PA: Elsevier; 2018.</li> <li>Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies</i>. 1st ed. Academic Press; 2014.</li> </ul>

Patient Care 3: Diagnostic Tests and Procedures for Allergy and Immunology Patients		
Overall Intent: To select, perform, and interpret diagnostic tests or procedures		
Milestones	Examples	
<b>Level 1</b> Demonstrates basic understanding of commonly used allergy and immunology diagnostic tests and procedures	<ul> <li>Understands clinical scenarios when skin testing or spirometry is indicated</li> </ul>	
Interprets test results, with supervision	Interprets skin testing or spirometry, with supervision	
<b>Level 2</b> Selects tests for patients with common clinical conditions and according to evidence- based guidelines	<ul> <li>Decides when to do venom testing or when to do lab work-up for chronic idiopathic urticaria (CIU)</li> </ul>	
Independently interprets common test results	Interprets venom testing results	
With supervision, performs common clinical diagnostic procedures (e.g., skin testing)	<ul> <li>Performs skin testing or spirometry, with supervision</li> </ul>	
<b>Level 3</b> Selects tests for patients with complex conditions, including selected use of specialized testing and an understanding of limitations of the test	<ul> <li>Appropriately selects component testing for food allergy</li> <li>Understands that an increased total Immunoglobulin E (IgE) may provide falsely elevated results for ImmunoCAP</li> </ul>	
Interprets complex test results, with supervision	• Interprets B cell maturation panel in the work-up of common variable immunodeficiency (CVID), with supervision	
Independently performs common clinical diagnostic procedures, and with supervision performs specialized procedures (e.g., challenges)	<ul> <li>Orders pneumococcal immunization and interprets the patient's subsequent antibody response in a work-up of a patient with recurrent respiratory infections</li> <li>Performs oral challenge for food or drug allergy, with supervision</li> </ul>	
<b>Level 4</b> Develops individualized cost-effective testing strategies to evaluate patients with complex conditions	<ul> <li>Stepwise work-up for suspected immune deficiency, first ordering quantitative and qualitative immunoglobulins, and a basic flow cytometry panel before considering advanced flow cytometry studies</li> </ul>	
Independently interprets specialized and complex results in the context of the individual patient	<ul> <li>Interpretation of flow cytometry panels in immune deficient patient</li> </ul>	

Independently performs specialized clinical diagnostic procedures	<ul> <li>Identifies when a patient may benefit from genomic evaluation</li> <li>Performs oral challenge for suspected food or drug allergy</li> </ul>
<b>Level 5</b> Participates in the writing or reviewing of local or national diagnostic guidelines or policies	Creates a local guideline for penicillin allergy testing in hospital
Identifies, critically evaluates and selectively utilizes emerging and investigational tests or procedures	• Develops an algorithm for emergency department physicians for evaluation of patients presenting with angioedema
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> <li>Objective structured clinical examination</li> <li>Simulation</li> </ul>
Curriculum Mapping	•
Notes or Resources	<ul> <li>AAAAI/ACAAI Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice Parameters. https://www.allergyparameters.org/</li> <li>Core clinical allergy/immunology textbooks, such as: <ul> <li>Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice</i>. 8th ed. Philadelphia, PA: Saunders; 2013.</li> <li>Grammer L, Greenberger P. <i>Patterson's Allergic Diseases</i>. 8th ed. Philadelphia, PA: Wolters Kluwer; 2018.</li> <li>Leung DYM, Szefler SJ, Bonilla FA, Akdis CA, Sampson, H. <i>Pediatric Allergy: Principles and Practice</i>. 3rd ed. Philadelphia, PA: Elsevier; 2015.</li> <li>Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology: Principles and Practice</i>. 5th ed. Philadelphia, PA: Elsevier; 2018.</li> <li>Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies</i>. 1st ed. Academic Press; 2014.</li> </ul> </li> <li>Learning Connection of the American College of Allergy, Asthma, &amp; Immunology. ACAAI Review for the Allergy and Immunology Boards.</li> </ul>

Patient Care 4: Management Plan for Allergy and Immunology Patients Overall Intent: To design appropriate management plans for allergic and immunologic disorders that address the indication, risks, benefits, and cost of therapy

Milestones	Examples
Level 1 Recognizes basic treatments for	Recognizes the value of controller therapy in asthma and identifies improvement in
common allergic and immunologic disorders	asthma control; recognizes risk of oropharyngeal thrush with use of inhaled steroids
Identifies patient outcomes and adverse events	<ul> <li>Identifies when a patient has allergic rhinitis: recognizes sedation risk with first-generation</li> </ul>
associated with specific treatments	antihistamine use
Level 2 Selects and implements treatment from	Uses guidelines for management of CIU or asthma after prompting by supervisor
existing evidence with substantial supervision	
Formulates a plan for monitoring patient	• Creates an astrima action plan
Level 3 Selects and implements cost-effective	Lises guidelines for management of CILL or asthma with minimal supervision
treatment from existing evidence with minimal	
supervision	
Monitors patient outcomes and adverse events;	• With supervision, recognizes oropharyngeal thrush in a patient with asthma and advises
adjusts treatment with supervision	use of spacer and recommends rinsing
Level 4. Selects and implements cost-effective	• Uses guidelines for management of CIU or asthma independently
treatment from existing evidence independently	Reliably checks dosing for Immunoglobulin G (IgG) replacement during follow-up visits for
	children with primary immunodeficiency on intravenous immunoglobulin (IVIG) or
Monitors patient outcomes and adverse events;	subcutaneous immunoglobulin (SCIG) therapy
adjusts treatment independently	<ul> <li>Independently recognizes oropharyngeal thrush in a patient with asthma and advises use</li> </ul>
Level 5 Participates in writing or reviewing local	• Writes local policy for evaluation of patients presenting to the emergency department with
or national practice guidelines or policies	andioedema
Identifies and formally reports previously	• Identifies and reports previously unrecognized vaccine adverse event to Vaccine Adverse
unrecognized patient outcomes or adverse	Event Reporting System (VAERS); writes case report on unusual medication side effect
events	Direct shares at inc
Assessment models of 1001S	Modical record (chart) audit
	Objective structured clinical examination

	Simulation
Curriculum Mapping	
Notes or Resources	<ul> <li>AAAAI/ACAAI Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice Parameters. https://www.allergyparameters.org/</li> <li>Core clinical allergy/immunology textbooks, such as: <ul> <li>Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice.</i> 8th ed. Philadelphia, PA: Saunders; 2013.</li> <li>Grammer L, Greenberger P. <i>Patterson's Allergic Diseases.</i> 8th ed. Philadelphia, PA: Wolters Kluwer; 2018.</li> <li>Leung DYM, Szefler SJ, Bonilla FA, Akdis CA, Sampson, H. <i>Pediatric Allergy: Principles and Practice.</i> 3rd ed. Philadelphia, PA: Elsevier; 2015.</li> <li>Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology: Principles and Practice.</i> 5th ed. Philadelphia, PA: Elsevier; 2018.</li> <li>Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies.</i> 1st ed. Academic Press; 2014.</li> </ul> </li> </ul>

Medical Kno	wledge 1: Basic Science of Allergy and Immunology
Overall Intent: To demonstrate the progression o	f basic science knowledge from immune system components to complex immunologic and
allergic disease pathophysiology, as well as the ba	asis for diagnosis, treatment, and research
Milestones	Examples
Level 1 Demonstrates basic knowledge of the	<ul> <li>Describes and differentiates features of innate and adaptive immunity</li> </ul>
cellular and humoral components of the immune	<ul> <li>Describes basic lymphocyte subsets and immunoglobulin classes and subclasses</li> </ul>
system	<ul> <li>Describes the structure and function of primary and secondary lymphoid organs</li> </ul>
Level 2 Demonstrates advanced knowledge of	<ul> <li>Describes the major components of humaral and cellular innate immunity</li> </ul>
the cellular and humoral components of the	<ul> <li>Describes the development of B and T cells</li> </ul>
immune system and basic knowledge of normal	<ul> <li>Describes the T and B cell receptor signaling cascade</li> </ul>
physiology	
Level 3 Applies the knowledge of basic	• Describes the role of filaggrin mutations and skin barrier compromise in the development
immunology to understanding the	and progression of atopic dermatitis and systemic allergic diseases, such a peanut allergy
pathophysiology of common immunologic and	
allergic diseases	
Level 4 Applies the knowledge of basic	• Describes the molecular defect resulting in the arrest of B cell development in X-linked
immunology to understanding the	agammaglobulinemia
pathophysiology of complex immunologic and	• Describes the detailed immunologic basis for a vaccine response and use of diagnostic
allergic diseases and the basis for diagnosis,	vaccination in immunodeficiency evaluation
treatment, and research	
Level 5 Serves as a content expert, invited	<ul> <li>Is invited to present basic science research at a regional or national meeting</li> </ul>
lecturer or subject matter expert	
Assessment Models or Tools	Board review participation
	In-training exam
	Journal club
	Program level exams/guizzes
	Staffing cases with attending
Curriculum Mapping	•
Notes or Resources	Clinical Immunology Society (CIS) courses <a href="https://clinimmsoc.org/CIS.htm">https://clinimmsoc.org/CIS.htm</a>
	American Academy of Allergy Asthma and Immunology. Courses.
	https://education.aaaai.org/courses.
	American College of Allergy Asthma and Immunology, Courses.
	https://education.acaai.org/courses.
	American Academy of Alleray Actima and Immunology 2010 In Training Even for

 American Academy of Allergy Asthma and Immunology. 2019 In-Training Exam for Fellows Timeline. <u>https://www.aaaai.org/professional-education-and-training/fellows-in-training/in-training-exam-for-fellows-timeline</u>.
 Core basic immunology and clinical allergy/immunology textbooks, such as:

Abbas AK, Lichtman AH, Pillai S. <i>Cellular and Molecular Immunology.</i> 9th ed. Philadelphia, PA: Elsevier; 2017.
<ul> <li>Murphy K, Weaver C. Janeway's Immunobiology. 9th ed. New York, NY: Garland Science; 2016.</li> </ul>
Geha RS, Notarangelo L. Case Studies in Immunology. 7th ed. New York, NY: Garland Science; 2016.
<ul> <li>Delves PJ, Martin SJ, Burton DR, Roitt IM. <i>Riott's Essential Immunology</i>. 13th ed. West Sussex, UK: Wiley Blackwell; 2017.</li> </ul>
• Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice.</i> 8th ed. Philadelphia, PA: Saunders; 2013.
• Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology: Principles and Practice</i> , 5th ed. Philadelphia, PA: Elsevier: 2018.
• Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies</i> . 1st ed. Academic Press; 2014.
• Learning Connection of the American College of Allergy, Asthma, and Immunology.
ACAAI Review for the Allergy and Immunology Boards.
https://education.acaai.org/content/acaai-review-allergy-immunology-boards-third-edition.

Madical Know	whether 2. Clinical Science of Allermy and Immunology
Medical Knowledge 2: Clinical Science of Allergy and Immunology Overall Intent: To understand, apply, and teach others established and evolving biomedical, clinical, and psychosocial sciences and	
epidemiology relevant to patient care; to understa	ind complex disease relationships and mechanisms.
Milestones	Examples
<b>Level 1</b> Demonstrates knowledge of clinical presentations for common immunologic and allergic conditions	<ul> <li>Recognizes that nocturnal cough is a common presenting symptom of pediatric asthma</li> </ul>
<b>Level 2</b> Demonstrates sufficient knowledge and applies it to the diagnosis and treatment of patients with common immunologic and allergic conditions	<ul> <li>Recognizes that a diagnosis of chronic urticaria requires signs and symptoms for six weeks</li> <li>Describes evidence-based alternatives when antihistamine treatment is insufficient</li> </ul>
<b>Level 3</b> Demonstrates sufficient knowledge and applies it to the diagnosis and treatment of patients with complex immunologic and allergic conditions	• Describes the clinical presentation, diagnostic tests, and therapeutic interventions for a patient with common variable immune deficiency developing pulmonary granulomatous complications
<b>Level 4</b> Independently synthesizes the literature and patient care experiences to diagnose and treat patients with newly identified or emerging immunologic and allergic diseases	<ul> <li>Uses the literature to expand the differential diagnosis to include DOCK8 deficiency or a newly discovered genetic basis for immune deficiency disorder in a patient with elevated Immunoglobulin E (IgE) and recurrent infections</li> </ul>
<b>Level 5</b> Serves as a content expert, invited lecturer or subject matter expert	<ul> <li>Is invited to present on the work-up of eosinophilia at a regional or national meeting</li> </ul>
Assessment Models or Tools	<ul> <li>Assessment of case conference presentation</li> <li>Board review participation</li> <li>In-training exam</li> <li>Journal club presentations and participation</li> <li>Objective structured clinical examination and standardized patients</li> <li>Staffing cases</li> </ul>
Curriculum Mapping	•
Notes or Resources	<ul> <li>AAAAI/ACAAI Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice Parameters. <u>https://www.allergyparameters.org/</u>.</li> <li>Nowak-Węgrzyn A, Chehade M, Groetch ME, et al. International consensus guides for the diagnosis and management of food protein-induced entrocolities syndrome: Execuive summary - Workgroup Report of the Adverse Reactions to Foods Committee, American Academy of Allergy, Asthma &amp; Immunology. <i>Journal of Allergy and Clinical Immunology</i>. 2017;139(4):1111-1126.</li> <li>Core clinical allergy/immunology textbooks, such as:</li> </ul>

• Adkinson N Jr, Bochner B, Bruks A, et al., <i>Middleton's Allergy: Principles and Practice</i> . 10th ed. Philadelphia, PA: Saunders Publications; 2013.
<ul> <li>Grammer L, Greenberger P. Patterson's Allergic Diseases. 8th ed. Philadelphia, PA: Wolters Kluwer Publishing; 2018.</li> </ul>
<ul> <li>Leung DYM, Szefler SJ, Bonilla FA, Akdis CA, Sampson, H. <i>Pediatric Allergy:</i> <i>Principles and Practice</i>. 3rd ed. Philadelphia, PA: Elsevier Publishing; 2015.</li> <li>Rich R, Fleisher T, Shearer W, Schroeder H, Frew A, Weyand C. <i>Clinical Immunology:</i> <i>Principles and Practice</i>. 5th ed. Philadelphia, PA: Elsevier Publishing; 2018.</li> <li>Sullivan K, Stiehm ER. <i>Stiehm's Immune Deficiencies</i>. 1st ed. Academic Press; 2014.</li> <li>Learning Connection of the American College of Allergy, Asthma, &amp; Immunology. ACAAI Review for the Allergy &amp; Immunology Boards. <u>https://education.acaai.org/content/acaai- review-allergy-immunology-boards-third-edition</u>.</li> </ul>

Medical Knowledge 3: Research and Scholarly Activity	
Overall Intent: To understand and participate in r	esearch and scholarly activities including laboratory-based, epidemiologic study, clinical
research, or continuous quality improvement (QI)	
Milestones	Examples
Level 1 Demonstrates knowledge of the	<ul> <li>Completes CITI module on Responsible Conduct of Research</li> </ul>
principles of Responsible Conduct of Research	
and study design	MPth attended to set the start that the set of a second second set of the second s
scholarly activity and identifies the resources	<ul> <li>With attending support, hypothesizes that egg components will predict the outcome of oral food challenges to baked egg</li> </ul>
necessary, working with appropriate supervision	<ul> <li>Consults with local quality officer to develop the goal of improving influenza vaccination rates among asthmatics</li> </ul>
Level 3 Designs and conducts a research study	Designs a retrospective chart review of egg component specific Immunoglobulin E (IgE)     levels correlated to oral food challenge outcomes
	• With assistance, implements an electronic health record (EHR) pop-up window
	recommending appropriate influenza vaccination for asthmatics
Level 4 Analyzes and reports the results of a	<ul> <li>Analyzes the data and presents or publishes the findings that egg components do not</li> </ul>
research study or scholarly activity	predict the outcomes of oral food challenges to baked egg
	Analyzes influenza vaccination rates among astimatics before and after the implementation of the FUP per up window, and presents the results to the begoitel OI
	committee
Level 5 Independently designs and leads a	• Organizes a mentorship committee, develops a prospective study protocol, and submits
complex research study or scholarly activity	an Institutional Review Board application to evaluate multiple possible predictors for the
	outcomes of oral food challenges to baked egg
	<ul> <li>Fully overhauls influenza immunization modules in EHR throughout the hospital system, using multiple Plan, Do, Study, Act (PDSA) cycles</li> </ul>
Assessment Models or Tools	Course completion certificate
	Participation in journal clubs
	Direct observation
	Research mentorship
	Presentation/manuscript evaluations
Curriculum Mapping	•
Notes or Resources	<ul> <li>Institution-specific courses on research ethics, biostatistics and clinical and laboratory research</li> </ul>
	National Institutes of Health. Introduction to the Principles and Practice of Clinical
	Research (IPPCR). https://ocr.od.nih.gov/courses/ippcr.html.

National Institutes of Health. Responsible Conduct of Research Training.
https://oir.nih.gov/sourcebook/ethical-conduct/responsible-conduct-research-training.
2016.
Institute for Healthcare Improvement. Open School.
http://www.ihi.org/education/ihiopenschool/Pages/default.aspx.
CITI Program. Responsible Conduct of Research (RCR).
https://about.citiprogram.org/en/series/responsible-conduct-of-research-rcr/

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)	
Overall Intent: To demonstrate competence in the analysis and management of patient safety events, including relevant communication with	
patients, families, and health care professionals; and ability to conduct a QI project	
Milestones	Examples
Level 1 Demonstrates knowledge of common	Acknowledges risks associated with allergen immunotherapy injections
patient safety events	
Demonstrates knowledge of how to report	<ul> <li>Identifies the safety event reporting mechanism for their institution</li> </ul>
patient safety events	
Demonstrates knowledge of basic quality	<ul> <li>Describes the components of a PDSA cycle</li> </ul>
improvement methodologies and metrics	
Level 2 Identifies system factors that lead to	<ul> <li>Identifies inadequate allergen immunotherapy vial labeling practices as a system risk</li> </ul>
patient safety events	factor contributing to injection reactions
Reports patient safety events through	<ul> <li>Enters a safety event report after discovering that the wrong dose of influenza vaccine</li> </ul>
institutional reporting systems (actual or	was administered to a pediatric patient
simulated)	
Demonstrates knowledge of and participates in	• Describes a current QI project to improve the accuracy of medication administration in the
local quality improvement initiatives	
Level 3 Participates in analysis of patient safety	Participates in a simulated root cause analysis related to anaphylaxis due to the incorrect
events (simulated or actual)	Immunotherapy injection being given to a patient
Derticipates in disclosure of nations afats	a la collaboration with the attending discloses the vasination error to the national
Participates in disclosure of patient safety	• In conadoration with the attending, discloses the vaccination error to the patient's
	pareni(s)
actualy	
Demonstrates the ability to identify and develop	Recognizes a need for better anaphylaxis management among staff, and creates a OI
a quality improvement project or advance an	project including simulation exercises to achieve this
existing project	
Level 4 Conducts analysis of patient safety	Performs a chart review of injection reactions
events and offers error prevention strategies	
(simulated or actual)	
Discloses patient safety events to patients and	<ul> <li>Independently discloses the vaccination error to the patient's parent(s)</li> </ul>
families (simulated or actual)	

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Demonstrates the ability to implement or assess quality improvement initiatives	<ul> <li>Shares outcomes of a full PDSA cycle related to improving anaphylaxis management with mentor</li> </ul>
<b>Level 5</b> Actively engages teams and processes to modify systems to prevent patient safety events	<ul> <li>Leads an initiative to improve allergen immunotherapy administration practices</li> </ul>
Role models or mentors others in the disclosure of patient safety events	<ul> <li>Coaches a resident on disclosure of a safety event related to a vaccination error</li> </ul>
Independently creates, implements, and assesses quality improvement initiatives	<ul> <li>Completes and shares outcomes of a full PDSA cycle related to improving anaphylaxis management at grand rounds</li> </ul>
Assessment Models or Tools	Direct observation
	E-module multiple choice tests
	Medical record (chart) audit     Multisource feedback
	Portfolio
	• Simulation
Curriculum Mapping	•
Notes or Resources	<ul> <li>Institute for Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u>.</li> </ul>
	• Chong M, Pasqua D, Kutzin J, Davis-Lorton M, Fonacier L, Aquino M. Educational and
	process improvements after a simulation-based anaphylaxis simulation workshop. Annals of Allergy, Asthma & Immunology. 2016;117:432-433.

Systems-Based Practice 2: System Navigation for Patient Centered Care	
Overall Intent: To effectively navigate the health of	care system, including the interdisciplinary team and other care providers and to adapt care
to a specific patient population to ensure high-qua	lity patient outcomes
Milestones	Examples
Level 1 Demonstrates knowledge of care	<ul> <li>Identifies and describes the roles of technicians and nursing staff members in the clinic</li> </ul>
coordination	
Level 2 Coordinates care of patients in routine	<ul> <li>Independently engages clinic technicians when coordinating routine skin prick tests, but</li> </ul>
clinical situations effectively utilizing the roles of	requires instruction when coordinating patient care that involves multiple team members
interprofessional teams	or consultants
Identifies have elements for acts and effective	a Liste the acceptical components of transitioning notions care from one provider to another
transitions of care and handoffs	• Lists the essential components of transitioning patient care from one provider to another,
	rbinitis on immunotherapy to another provider
Level 3 Coordinates care of patients in complex	<ul> <li>Independently coordinates care with hospital technicians and pursing staff members for a</li> </ul>
clinical situations effectively utilizing the roles of	high-risk penicillin desensitization protocol including educating ancillary staff members on
interprofessional teams	the steps involved and possible complications of the procedure
Performs safe and effective transitions of	<ul> <li>Provides complete and pertinent history and current treatment plan when transitioning</li> </ul>
care/handoffs in routine clinical situations	care of a patient with an asthma exacerbation from the clinic to the emergency room
Level 4 Role models effective coordination of	• Mentors junior fellow to coordinate care with pulmonology, hematology, and social work
patient-centered care among different	for a newly diagnosed patient with common variable immune deficiency (CVID), interstitial
disciplines and specialties	lung disease (ILD), and idiopathic thrombocytopenic purpura (ITP), who requires IVIG
	infusions at an outside infusion clinic
Performs safe and effective transitions of	• Provides pertinent history, treatment plan, and goals of care when transitioning care of a
care/handoffs in complex clinical situations	sick patient with DiGeorge Syndrome to admission as an inpatient
Level 5 Analyzes the process of care	Analyzes outgoing referrals from the clinic to develop a quality improvement plan to
coordination and leads in the design and	streamline the referral process
Implementation of improvements	
Role models or improves safe and effective	Collaborates with a working group to develop standardized documentation for AIT
transitions of care/handoffs within and across	formulations and dosing schedules in the FHR
healthcare delivery systems	
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multisource feedback
Curriculum Mapping	

Notes or Resources	Agency for Healthcare Research and Quality. Handoffs and Signouts.
	https://psnet.ahrq.gov/primers/primer/9/resource.aspx?resourceID=18439. 2019.
	• Wohlauer MV, Arora VM, Horwitz LI, Bass EJ, Mahar SE, Philibert I. The patient handoff:
	a comprehensive curricular blueprint for resident education to improve continuity of care.
	Academic Medicine. 2012;87(4):411-418.

# Systems-Based Practice 3: Physician Role in Health Care Systems

<b>Overall Intent:</b> To understand his/her role in the complex health care system and how to effectively navigate the system to improve patient care and the health system's performance	
Milestones	Examples
<b>Level 1</b> Describes basic health payment systems and practice models	<ul> <li>Recognizes the many different groups involved in health care, including patients, providers, payors, and health systems</li> <li>Compares payment systems, such as Medicare, Medicaid, the VA, and commercial third-party payers</li> </ul>
<b>Level 2</b> Identifies and describes how components of a complex healthcare system are inter-related, and how this impacts patient care	<ul> <li>Recognizes the interplay between payors and providers to obtain prior authorization for biologic medicines for severe asthma</li> </ul>
Delivers care with consideration of each patient's payment model	<ul> <li>Describes the different requirements for medication coverage among different payment systems</li> </ul>
<b>Level 3</b> Discusses how individual practice affects the broader system	<ul> <li>Analyzes the costs and benefits of biologics for severe asthma</li> </ul>
Engages with patients in shared-decision making informed by each patient's payment models	<ul> <li>Displays ability to counsel patients on the costs of a variety of treatment options based on their coverage and insurance type</li> </ul>
<b>Level 4</b> Utilizes various components of the complex healthcare system to provide efficient and effective patient care and transition of care	<ul> <li>Works with the social work team to help a patient obtain financial assistance to be able to afford a biologic medicine for severe asthma</li> </ul>
Advocates for patient care needs with consideration of the limitations of the patient's payment model	<ul> <li>Independently obtains prior authorization for a patient, after completing a peer-to-peer review</li> </ul>
<b>Level 5</b> Advocates for or leads systems change that enhances high value, efficient and effective patient care and transition of care	<ul> <li>Presents institution specific data to show the impact of the use of biologics for severe asthmatics</li> </ul>
Participates in health policy advocacy activities	<ul> <li>Participates in a legislative action day to support stricter immunization laws on behalf of patients with primary immune deficiency</li> </ul>
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Medical record (chart) audit</li> <li>Objective structured clinical examination</li> <li>Portfolio</li> </ul>

Curriculum Mapping	
Notes or Resources	• Centers for Medicare and Medicaid Services (CMS). Medicare and Medical programs:
	Hospice conditions of participations; final rule. Federal Register. 2008 June;(73)109.
	https://www.gpo.gov/fdsys/pkg/FR-2008-06-05/pdf/08-1305.pdf
	Agency for Healthcare Research and Quality (AHRQ): The Challenges of Measuring
	Physician Quality https://www.ahrq.gov/professionals/quality-patient-
	safety/talkingquality/create/physician/challenges.html. 2016.
	<ul> <li>Region V Public Health Training Center. Measuring Health Disparities Course.</li> </ul>
	https://www.mitrainingcenter.org/courses/mhdis0418
	<ul> <li>Agency for Healthcare Research and Quality. Major Physician Measurement Sets.</li> </ul>
	https://www.ahrq.gov/talkingquality/measures/setting/physician/measurement-sets.html
	2015.

Systems-Based Practice 4: Community and Population Health	
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to a	
specific patient population to ensure high-quality patient outcomes	
Milestones	Examples
Level 1 Demonstrates knowledge of population	• Identifies patients low socioeconomic status as the reason they cannot afford medications
or community health needs and disparities	or get transportation to the clinic
	<ul> <li>Describes food deserts and the implications on food allergy management</li> </ul>
Level 2 Identifies specific population or	• Knows which patients are at risk for underutilization of appropriate biologic medications in
community health needs and inequities for their	the treatment of asthma, due to low socioeconomic status
local population	<ul> <li>Identifies that patients with food allergies that live in a "food desert" may have difficulty with strict social and allergies.</li> </ul>
	with strict avoidance
Loval 2 Accesses local resources to most the	Identifies a group of patients that prefer homeopathy over medication     Engages alipic and/or legal resources to onsure patients with low literacy understand how
needs of a specific patient population or	• Engages clinic and/or local resources to ensure patients with low interacy understand now
community	
Level 4 Participates in changing and adapting	• Designs educational handouts for patients for whom English is their second language and
practice to provide for the needs of specific	has them translated to their native language and encourages peers to do the same
populations or communities	• Uses shared decision making for a group of patients that will only use a special tea to
	treat an asthma exacerbation instead of medication and adapts educational plan
	accordingly
Level 5 Leads innovations to advocate for	Develops a community program to identify and train high risk asthmatics on their
specific populations or communities with health	diagnosis, ACT scores, inhaler administration techniques, home assessments, etc.
care inequities	
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multisource feedback
Curriculum Mapping	
Notes or Resources	<ul> <li>Agency for Healthcare Research and Quality. Handoffs and Signouts.</li> </ul>
	https://psnet.ahrq.gov/primers/primer/9/resource.aspx?resourceID=18439. 2019.
	• Wohlauer MV, Arora VM, Horwitz LI, Bass EJ, Mahar SE, Philibert I. The patient handoff:
	a comprehensive curricular blueprint for resident education to improve continuity of care.
	Acad Med. 2012;87(4):411-418.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice	
Overall Intent: To incorporate evidence and patient values into clinical practice	
Milestones	Examples
Level 1 Demonstrates how to access and use	Identifies clinical practice guideline for treatment of asthma
available evidence, and incorporate patient	
routine patient	
Level 2 Articulates clinical questions and elicits	• Refines search of evidence for treatment of asthma to include comorbidities and patient
patient preferences and values in order to guide	preferences for intervention
evidence based care	<ul> <li>Synthesizes available evidence to make a recommendation for monoclonal antibody.</li> </ul>
evidence, integrated with patient preference, to	therapy in conjunction with oral and inhaled therapy for asthma
the care of complex patients	
Level 4 Critically appraises and applies	Recognizes gaps in high-level evidence and incorporates other case reports or non-
evidence even in the face of uncertainty and conflicting evidence to guide care, tailored to the	clinical studies to guide recommendation for treatment of refractory asthma
individual patient	
Level 5 Coaches others to critically appraise	• Leads journal club for critical appraisal of available evidence and its application to severe
and apply evidence for complex patients; and/or	asthma patients
Assessment Models or Tools	
	Journal club
	Objective structured clinical examination
	Oral or written examination
Curriculum Mapping	•
Notes or Resources	AAAAI/ACAAI Joint Task Force on Practice Parameters. AAAAI and ACAAI Practice
	Parameters. <u>https://www.allergyparameters.org/</u> .
	<ul> <li>American Academy of Allergy Astrima &amp; Immunology. <a href="https://www.aaaal.org/">https://www.aaaal.org/</a>.</li> <li>Nowak-Wearzyn A. Chebade M. Groetch MF. et al. International consensus quides for the</li> </ul>
	diagnosis and management of food protein-induced entrocolities syndrome: Executive
	summary - Workgroup Report of the Adverse Reactions to Foods Committee, American
	Academy of Allergy, Asthma & Immunology. <i>Journal of Allergy and Clinical Immunology</i> .
	2017;139(4):1111-1126. • Systematic reviews and meta-analyses
	Systematic reviews and meta-analyses

## Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth

**Overall Intent:** To seek performance information with the intent to improve care; to reflect on all domains of practice, personal interactions, and behaviors, and their impact on patients and colleagues (reflective practice); to develop clear objectives and goals for improvement in an individualized learning plan

Milestones	Examples
<b>Level 1</b> Accepts responsibility for personal and professional development by establishing goals	<ul> <li>Sets a goal of closing charts within 24 hours to exceed institutional standards</li> </ul>
Identifies the factors contributing to gaps between expectations and actual performance	<ul> <li>Identifies that fatigue and a new baby at home contribute to being late to clinic</li> </ul>
<b>Level 2</b> Demonstrates openness to feedback and other input to inform goals	<ul> <li>Integrates external feedback on timeliness of their notes</li> </ul>
Analyzes and reflects on the factors contributing to gap(s) between expectations and actual performance	<ul> <li>Considers strategies to improve timeliness, including advanced preparedness for the morning</li> </ul>
Designs and implements a learning plan	• Designs a plan to improve knowledge on basic immunology and creates a reading list
<b>Level 3</b> Periodically seeks feedback or other input, with adaptability	Periodically does a chart audit to see the percent of completed in 24 hours
Institutes behavioral change to narrow the gap between expectations and actual performance	<ul> <li>Institutes new strategies for improving time management</li> </ul>
Uses performance data to measure the effectiveness of the learning plan	<ul> <li>Based on In-Training Examination scores, identifies areas of weakness and expands reading list</li> </ul>
<b>Level 4</b> Consistently seeks feedback or other input, with adaptability	<ul> <li>Completes a quarterly chart audit to see the percent of notes completed in 24 hours</li> </ul>
Critically analyzes and considers alternatives to narrow the gap(s) between expectations and actual performance	<ul> <li>Analyzes and adjusts new strategies to continue improvement</li> </ul>
Continuously modifies the learning plan based on feedback and other input	Solicits feedback and expands learning plan to focus on specific deficient areas
<b>Level 5</b> Role models consistently seeking feedback or other input with adaptability	<ul> <li>Coaches others on performing a chart audit to see the percent of notes completed in 24 hours</li> </ul>

Coaches others on reflective practice	Coaches others in time management
Facilitates the design and implementation of learning plans for others	Assists other learners in identifying resources for their learning plan
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Mentored review of learning plan</li> <li>Targeted reflective writing</li> </ul>
Curriculum Mapping	
Notes or Resources	<ul> <li>Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Academic Medicine</i> 2009. Aug;84(8):1066-1074.</li> <li>Lockspeiser TM, Schmitter PA, Lane JL et al. Assessing Fellows' Written Learning Goals and Goal Writing Skill: Validity Evidence for the Learning Goal Scoring Rubric. Academic Medicine 2013. 88 (10)</li> <li>Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Academic Pediatrics</i> 2014. 14: S38-S54.</li> </ul>
	<ul> <li>Sockalingam S, Wiljer D, Yute S, et al. The relationship between academic motivation and lifelong learning during residency: a study of psychiatry residents. <i>Academic Medicine</i>. 2016;91(10):1423-1430.</li> </ul>

Professionalism 1: Professional Behavior and Ethical Principles		
Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrate ethical and professional behaviors, and to		
use appropriate resources for managing ethical ar	nd professional dilemmas	
Milestones	Examples	
Level 1 Demonstrates understanding of	<ul> <li>Recognizes that fatigue may lead to rude behavior</li> </ul>	
professional behaviors		
Demonstrates knowledge of ethical principles	<ul> <li>Describes beneficence, non-maleficence, justice, and autonomy</li> </ul>	
Level 2 Acts in a professional manner in routine	<ul> <li>Acknowledges being rude to a nurse over the phone without becoming defensive, making</li> </ul>	
situations and takes responsibility for own	excuses, or blaming others	
professionalism lapses		
Analyzes straightforward situations using ethical	<ul> <li>Recognizing patient autonomy when an allergic asthmatic declines undergoing AIT</li> </ul>	
principles		
Level 3 Acts in a professional manner in	<ul> <li>Apologizes for being rude, takes steps to make amends if needed, and articulates</li> </ul>	
complex or stressful situations	strategies for preventing similar lapses in the future	
December officel situations and	- Decompose the need to involve on othics committee when the nerrort of a nation twith V	
Recognizes complex ethical situations and	• Recognizes the need to involve an ethics committee when the parent of a patient with X-	
resolving them when appropriate	Inkeu agammagiobulinemia (ALA) reluses tvio	
Level 4 Personnizes situations that may trigger	Solf monitors for fatigue and stress and preastively asks for help with caselead when at	
professionalism lanses and intervenes to	• Self-monitors for faligue and stress and proactively asks for help with caseload when at risk of rude behavior	
professionalism lapses and intervenes to		
prevent lapses in sen and others		
Encourages others to utilize appropriate	Describes the process of using an ethics committee to co-fellows	
resources for managing and resolving ethical		
dilemmas as needed		
Level 5 Coaches others when their behavior	<ul> <li>Coaches colleagues to connect rude behavior with fatigue and stress</li> </ul>	
fails to meet professional expectations		
Seeks to address system-level factors that	Joins ethics committee	
induce or exacerbate ethical problems or		
impede their resolution		
Assessment Models or Tools	Direct observation	
	Global evaluation	
	Multisource feedback	
	<ul> <li>Objective structured clinical examination</li> </ul>	

Professionalism 2: Accountability/Conscientiousness Overall Intent: To take responsibility for his/her actions and the impact on patients and other members of the health care team	
Milestones	Examples
Level 1 Requires prompting to complete professional duties	Promptly responds to prescription refill request from the outpatient clinic staff
<b>Level 2</b> Performs professional duties in a timely manner with appropriate attention to detail and without the need for reminders in routine situations	<ul> <li>During outpatient clinic encounter completes all necessary prescription orders before patient leaves clinic</li> </ul>
<b>Level 3</b> Performs professional duties in a timely manner with appropriate attention to detail in complex or stressful situations	<ul> <li>Completes prior authorization for a necessary asthma medication in a timely manner</li> </ul>
<b>Level 4</b> Intervenes in situations that may affect self or other team members' ability to complete professional duties	<ul> <li>Completes all medication refill requests prior to vacation, to minimize impact on peers</li> </ul>
<b>Level 5</b> Participates in methods to improve system outcomes	<ul> <li>Assists outpatient clinic to develop streamlined processes for completion of prior authorizations</li> <li>Takes the initiative in helping design new clinics or revising clinic operation procedures</li> </ul>
Assessment Models or Tools	<ul> <li>Compliance with deadlines and timelines</li> <li>Direct observation</li> <li>Multisource feedback</li> <li>Objective structured clinical evaluation</li> <li>Self-evaluations</li> <li>Simulation</li> </ul>
Curriculum Mapping	•
Notes or Resources	<ul> <li>ABIM Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. Medical Professionalism in the New Millennium: A Physician Charter. <i>Ann Intern Med</i>. 2002;136(3):243-6.</li> <li>Code of conduct from program manual/handbook.</li> </ul>

Professionalism 3: Self-Awareness and Help-Seeking Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others	
Milestones	Examples
<b>Level 1</b> With assistance, recognizes status of personal and professional well-being.	<ul> <li>Acknowledges own response to patient death, when asked</li> </ul>
Recognizes limits in the knowledge/skills of self or team, with assistance	<ul> <li>Acknowledges responsibility for miscommunications with staff or patients</li> </ul>
<b>Level 2</b> Independently recognizes status of personal and professional well-being	<ul> <li>Independently identifies and communicates personal impact of a patient death</li> </ul>
Independently recognizes limits in the knowledge/skills of self or team; demonstrates appropriate help-seeking behaviors	<ul> <li>Understands the basis for deficiencies of self in miscommunications</li> </ul>
<b>Level 3</b> With assistance, proposes a plan to optimize personal and professional well-being	<ul> <li>With the interdisciplinary team, develops a reflective response to deal with personal impact after patient death</li> </ul>
With assistance, proposes a plan to remediate or improve limits in the knowledge/ skills of self or team	• Develops a plan for analyzing and correcting difficulties in interactions with patients and staff, (e.g., personality assessment tools, counseling)
<b>Level 4</b> Independently develops a plan to optimize personal and professional well being	<ul> <li>Independently develops a personal practice to sustain resilience in response to patient deaths</li> </ul>
Independently develops a plan to remediate or improve limits in the knowledge/skills of self or team	<ul> <li>Implements positive measures to correct difficulties with patients and staff members</li> </ul>
<b>Level 5</b> Coaches others when emotional responses or limitations in knowledge/skills do not meet professional expectations	<ul> <li>Assists in organizational efforts to address clinician well-being after patient death</li> </ul>
Seeks to develop plans that improve knowledge/skills applicable to program or system as a whole	<ul> <li>Works with other residents and students to help build self-awareness of deficiencies in interactions with others</li> </ul>
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Group interview or discussions for team activities</li> <li>Individual interview</li> </ul>

	<ul> <li>Participation in institutional well-being programs</li> <li>Review of learning plan</li> <li>Self-assessment</li> </ul>
Curriculum Mapping	
Notes or Resources	<ul> <li>Local resources, including Employee Assistance Program.</li> <li>Accreditation Council for Graduate Medical Education. Tools and Resources. <u>https://www.acqme.org/What-We-Do/Initiatives/Physician-Well-Being/Resources</u>.</li> <li>Stanford Medicine. WELLMD. <u>https://wellmd.stanford.edu/</u>.</li> <li>American Academy of Pediatrics. Resilience Curriculum: Resilience in the face of grief and loss. Part D. <u>https://www.aap.org/en-us/advocacy-and-policy/aap-health- initiatives/hospice-palliative-care/Pages/Resilience-Curriculum.aspx</u>.</li> </ul>

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication	
while identifying and minimizing potential barrier to communication	
Milestones	Examples
<b>Level 1</b> Uses language and nonverbal behavior to demonstrate respect and establish rapport	<ul> <li>Uses active listening to establish rapport with patient/family members in new immunodeficiency evaluations</li> </ul>
Identifies common barriers to effective communication (e.g., language, disability) while accurately communicating own role within the boatthcare system	<ul> <li>Identifies the need for an interpreter for a patient/family member who does not speak English</li> <li>Recognizes when certain situations may upset a child with autism, prevent them from loaning about their condition</li> </ul>
<b>Level 2</b> Establishes a therapeutic relationship and uses shared decision making in straightforward encounters using active listening and clear language	<ul> <li>Demonstrates therapeutic relationship with shared decision making in initial immunodeficiency diagnostic work-up</li> </ul>
Identifies more subtle barriers to effective communication (e.g. health literacy, cultural preferences)	<ul> <li>Identifies non-English-speaking patient who prefers to defer decision making to his or her family member as a potential communication challenge</li> </ul>
<b>Level 3</b> Establishes and maintains a therapeutic relationship and uses shared decision making and compassionate language in challenging patient encounters, with assistance	<ul> <li>Successfully maintains therapeutic relationship in the context of patient's/family members' concerns with diagnosis and treatment choices</li> </ul>
Reflects on personal biases and attempts to minimize communication barriers	<ul> <li>Identifies and reflects on personal bias towards patient autonomy over cultural preferences in decision making</li> </ul>
<b>Level 4</b> Independently establishes and maintains a therapeutic relationship and uses shared decision making and compassionate language in challenging patient encounters	<ul> <li>Maintains rapport and therapeutic relationship over time with patient and family members who are frustrated that patient continues to have frequent infections despite treatment for immune deficiency</li> </ul>
Independently recognizes personal and implicit biases and proactively minimizes communication barriers	<ul> <li>Acknowledges personal bias and successfully manages communication with non-English- speaking patient who defers decision making to their family member</li> </ul>
<b>Level 5</b> Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	<ul> <li>Teaches a model for maintaining therapeutic relationships with patients/family members diagnosed with complex immunodeficiency</li> </ul>

Role models self-awareness practice and teaches a contextual approach to minimize communication barriers	<ul> <li>Coaches a learner to acknowledge personal bias and successfully manage communication with non-English-speaking patient who defers decision making to their family member</li> </ul>
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Mini-clinical evaluation exercise</li> <li>SECURE - Kalamazoo Essential Elements Communication Checklist (Adapted)</li> <li>SEGUE - Skills needed to Set the state, Elicit information, Give information, Understand the patient, and End the encounter</li> <li>Self-assessment</li> <li>Standardized patients or structured case discussions</li> </ul>
Curriculum Mapping	
Notes or Resources	<ul> <li>Back A, Arnold R, Tulsky J. Mastering Communication with Seriously III Patients: Balancing Honesty with Empathy and Hope. Cambridge: <i>Cambridge University Press</i>; 2009.</li> <li>Makoul G. The SEGUE Framework for teaching and assessing communication skills. <i>Patient Educ and Counseling</i>. 2001;45(1):23-34.</li> <li>O'Sullivan P, Chao S, Russell M, Levine S, Fabiny A. Development and implementation of an objective structured clinical examination to provide formative feedback on communication and interpersonal skills in geriatric training. <i>Journal of the American Geriatrics Society</i>. 2008;56(9):1730-5.</li> <li>Vital Talk: www.vitaltalk.org.</li> <li>Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of communication skills and professionalism in fellows. <i>BMC Med Educ</i> 2009; 9:1.</li> </ul>

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To effectively communicate with the interdisciplinary team and other health care providers in both straightforward and complex situations

Milestones	Examples
<b>Level 1</b> Respectfully receives and clarifies a consultation request	<ul> <li>Receives consult request for drug desensitization, asks clarifying questions politely, and expresses thanks for the consult</li> </ul>
Uses language that values and respects all members of the team	<ul> <li>Uses respectful language to identify which issues should be managed by the pulmonary team in a shared patient with bronchiectasis</li> </ul>
<b>Level 2</b> Responds to a consultation request clearly, concisely and in a timely manner	<ul> <li>Communicates drug desensitization protocol and plan clearly and concisely in an organized and timely manner</li> </ul>
Communicates information effectively and solicits feedback with all members of the team	<ul> <li>Elicits history from the pulmonology team and asks their thoughts about adding prophylactic antibiotics for management</li> </ul>
<b>Level 3</b> Confirms understanding of recommendations when providing consultation	<ul> <li>Speaks directly to the consulting team to verify understanding of drug desensitization and discusses potential next steps if plan is not effective</li> </ul>
Solicits feedback and communicates concerns to peers and learners	<ul> <li>Negotiates who will be primary prescriber of prophylactic antibiotics to address the concerns about continuity of care with the pulmonary team</li> </ul>
<b>Level 4</b> Coordinates recommendations from different members of the healthcare team to optimize patient care	<ul> <li>Coordinates directly with consulting team, nursing staff, pharmacy, and infectious disease to minimize obstacles to drug desensitization</li> </ul>
Communicates feedback and constructive criticism to superiors, as indicated	<ul> <li>Initiates a direct discussion with the pulmonology team attending to address conflict regarding differences in opinions about the choice of prophylactic antibiotics</li> </ul>
<b>Level 5</b> Role models flexible communication strategies that value input from all healthcare team members, resolving conflict when needed	<ul> <li>Mediates a conflict resolution between the primary team and infectious disease regarding goals of antimicrobial therapy</li> </ul>
Facilitates team-based feedback in complex situations (e.g., fostering debriefing sessions)	• Leads an interdisciplinary conference with allergy and immunology, infectious diseases, and pulmonary on management of complex patient with bronchiectasis, recurrent infections, and multiple antibiotic allergies
Assessment Models or Tools	Checklists
	Direct observation     Modical record (chart) audit
	Multisource feedback
	Objective structured clinical examination

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	Simulation     Standardized patient encounters
Curriculum Mapping	
Notes or Resources	<ul> <li>François, J. Tool to assess the quality of consultation and referral request letters in family medicine. <i>Canadian Family Physician</i>. 2011;57(5), 574–575.</li> <li>Dehon E, Simpson K, Fowler D, Jones A. Development of the Faculty 360. <i>MedEdPORTAL</i>. 2015;11:10174.</li> </ul>

Interpersonal and Communication Skills 3: Communication within Health Care Systems	
Overall Intent: To effectively communicate through established institutional pathways using a variety of methods	
Milestones Examples	
Level 1 Accurately records information in the	<ul> <li>Documents accurate subjective and objective components of natient's anaphylaxis history</li> </ul>
patient record	
<b>Level 2</b> Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	<ul> <li>Documents thoughtful differential diagnosis of anaphylaxis etiology and justifies diagnostic work up</li> </ul>
Identifies institutional policy on safeguarding patient personal health information and maintains confidentiality in communications	<ul> <li>Uses current EHR template for telephone consult documentation, and logs off computer when leaving clinical workstation</li> </ul>
<b>Level 3</b> Communicates clearly, timely, and in an organized written form for routine patient encounters	<ul> <li>Documents streamlined assessment and plan for anaphylaxis management</li> </ul>
Selects appropriate direct and indirect forms of communication based on context, with assistance	<ul> <li>Communicates routine lab results in person or via telephone with guidance</li> </ul>
<b>Level 4</b> Communicates clearly, timely, and in an organized written form for complex patient encounters	<ul> <li>Provides anaphylaxis contingency plan in the EHR if patient develops recurrent anaphylaxis</li> </ul>
Independently selects appropriate direct and indirect forms of communication based on context	<ul> <li>Consistently communicates routine lab results in person or via telephone independently</li> </ul>
<b>Level 5</b> Communicates evidence basis for therapeutic reasoning for complex cases	<ul> <li>Documents literature support for evaluation and management of idiopathic anaphylaxis</li> </ul>
Achieves written or verbal communication that serves as an example for others to follow	<ul> <li>Develops new EHR template to document communication for multi-disciplinary provider conferences</li> </ul>
Assessment Models or Tools	<ul> <li>Direct observation</li> <li>Chart stimulated recall</li> <li>Log of event reporting, QI and committee activities</li> <li>Medical record (chart) audit</li> <li>Multisource feedback</li> </ul>

Curriculum Mapping	
Notes or Resources	• Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible
	electronic documentation: validity evidence for a checklist to assess progress notes in the
	electronic health record. <i>Teaching and Learning in Medicine</i> . 2017;29(4):420-432.
	• Starmer AJ, Spector ND, Srivastava R, Allen AD, Landrigan CP, Sectish TC. I-pass, a
	mnemonic to standardize verbal handoffs. Pediatrics. 2012;129(2):201-204.

#### Supplemental Guide for Allergy and Immunology

In an effort to aid programs in the transition to using the new version of the Milestones, we have mapped the original Milestones 1.0 to the new Milestones 2.0. Below we have indicated where the subcompetencies are similar between versions. These are not necessarily exact matches, but are areas that include some of the same elements. Note that not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Medical Interview and Physical Examination	PC1: Medical Interview and Physical Examination of Adult
	Allergy and Immunology Patients
	PC2: Medical Interview and Physical Examination of Pediatric
	Allergy and Immunology Patients
PC2: Diagnostic Tests and Procedures	PC3: Diagnostic Tests and Procedures for Allergy and
	Immunology Patients
PC3: Management Plan	PC4: Management Plan for Allergy and Immunology Patients
PC4: Coordination of Care	SBP2: System Navigation for Patient-Centered Care
MK1: Allergy and Immunology Medical Knowledge	MK1: Basic Science of Allergy and Immunology
	MK2: Clinical Science of Allergy and Immunology
	PROF2: Accountability/Conscientiousness
SBP1: Utilizes/accesses outside resources. Demonstrates	SBP1: Patient Safety and Quality Improvement
awareness of and accommodation to circumstances	SBP3: Physician Role in Health Care Systems
affecting patient care, including the patient's financial	SBP4: Community and Population Health
resources and other factors that can affect health care	
delivery and quality. Understands the basics of patient	
safety and clinical risk management, with emphasis on	
avoidance of medical errors. Uses technology and	
external resources to accomplish safe and effective health	
care delivery.	
PBLI1: Research and Scholarly Activity	MK3: Research and Scholarly Activity
PBLI2: Self-evaluates performance. Identifies strengths,	SBP1: Patient Safety and Quality Improvement
deficiencies, and limits in self knowledge and expertise.	PBLI1: Evidence-Based and Informed Practice
Sets learning and improvement goals in a manner that	PBLI2: Reflective Practice and Commitment to Personal Growth
tosters productive self-directed learning. Actively	PROF3: Self-Awareness and Help-Seeking
participates in quality improvement project(s).	
Locates, appraises, and assimilates evidence from	
scientific studies pertinent to patients. Uses technology to	
enhance patient care and self-improvement.	

PROF1: Exhibits ethical and responsible behavior,	PROF1: Professional Behavior and Ethical Principles
including respect, compassion, honesty, and integrity in all	PROF2: Accountability/Conscientiousness
aspects of practice and scholarly activity. Is accountable	PROF3: Self-Awareness and Help-Seeking
to patients, society, and the profession and acknowledges	ICS2: Interprofessional and Team Communication
errors. Maintains responsibility for his or her own	ICS3: Communication within Health Care Systems
emotional, physical, and mental health, including fatigue	
awareness and avoidance, and commitment to lifelong	
learning and self-assessment. Demonstrates sensitivity to	
diverse patient, staff, and support personnel populations.	
Considers needs of patients, families, and colleagues	
ICS1: Provides team-based care and develops productive	SBP4: Community and Population Health
relationships with patients, peers, staff members, and	ICS1: Patient- and Family-Centered Communication
interdisciplinary care team members. Ensures that	ICS2: Interprofessional and Team Communication
patients understand their condition(s) and treatments,	ICS3: Communication within Health Care Systems
encourages questions from patients, and provides	
explanations appropriate to patient needs. Educates and	
counsels patients, families, and colleagues when	
appropriate. Identifies and accommodates special	
communication needs of vulnerable populations [e.g.,	
children, elderly, patients with complex biomedical or	
psychosocial conditions, persons with disabilities,	
immigrant and refugee populations, veterans, prisoners,	
LGBT (lesbians, gay, bisexual, transgender) patients,	
etc.]. Uses technology and information sharing modalities	
to facilitate communication.	