

Supplemental Guide: Interventional Cardiology



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Interventional Cardiology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: Pre-Procedural Care and Procedural Selection Overall Intent: To optimize pre-procedural evaluation, decision making, and care	
Milestones	Examples
Level 1 Lists indications, risks, and benefits for straightforward procedures	Lists indications for an early invasive approach for an acute coronary syndrome
Lists prerequisite diagnostic testing and optimal medical management strategies	Understands the benefits of stress testing in evaluation of a patient with chest pain
Level 2 With direct supervision, identifies the indications, risks, and benefits to individualized patient care	 With attending, discusses medical optimization prior to percutaneous coronary intervention for angina
With direct supervision, evaluates diagnostic testing and optimizes medical management	 Reviews pharmacologic nuclear stress testing with attending prior to coronary angiography
Level 3 With guidance, selects procedures based on indications, risks, and benefits to individualized patient care	 Outlines a procedural plan based on prior angiography with assistance
With guidance, evaluates diagnostic testing and optimizes medical management	 Discusses upstream loading of dual anti-platelet therapy prior to staged percutaneous coronary intervention
Level 4 Independently selects procedures based on indications, risks, and benefits to individualized patient care	 Recommends hemodynamic support in a patient with cardiogenic shock
Independently evaluates diagnostic testing and optimizes medical management	 Integrates findings of stress and viability testing in assessing appropriateness of patient for percutaneous coronary intervention
Level 5 Demonstrates advanced decision making in complex clinical scenarios and procedural selection	 Identifies appropriate anatomy and procedural strategy for a chronic total occlusion intervention
Demonstrates advanced decision making in managing complex clinical scenarios	 Develops a procedural plan for a critically ill patient with coronary artery disease who is hemodynamically unstable with concomitant aortic stenosis
Assessment Models or Tools	 Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	

 American College of Cariology (ACC)/American Heart Association (AHA) Guidelines http://www.onlinejacc.org/content/74/10/1376 2020.

Patient Care 2: Technical Skills for Percutaneous Interventions	
Overall Intent: To evaluate procedural technical skills and decision making	
Milestones	Examples
Level 1 With direct supervision, performs straightforward procedures (e.g., angioplasty, stenting)	 Assists in the angioplasty and stenting of a Type A lesion
With direct supervision, performs basic clinical management in straightforward situations	 Assists in the initiation of dual anti-platelet therapy post- percutaneous coronary intervention
Level 2 With guidance, performs straightforward procedures (e.g., invasive imaging, mechanical support)	 Performs intravascular ultrasound-guided angioplasty and stenting with direct attending participation
With guidance, demonstrates intra-procedural decision making, composure, and clinical and complication management in straightforward situations	 Recognizes and manages transient hypotension during percutaneous coronary intervention with direct attending participation
Level 3 Independently performs straightforward procedures (e.g., invasive imaging, mechanical support)	 Performs intravascular ultrasound-guided angioplasty and stenting of a Type B lesion
Independently demonstrates intra-procedural decision making, composure, and clinical and complication management in straightforward situations	 Recognizes subtherapeutic active clotting time and orders additional heparin anticoagulation
Level 4 Independently performs complex procedures (e.g., atherectomy, bifurcation left main intervention)	 Performs rotational atherectomy and stenting of a calcified coronary lesion
Independently demonstrates intra-procedural decision making, composure, and clinical and complication management in complex situations	 Recognizes and manages a coronary perforation
Level 5 Demonstrates superior technical skill in the most complex, high-risk procedures	Performs a chronic total occlusion intervention

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Demonstrates advanced leadership in the complex catheterization laboratory environment	 Recognized by the staff for leadership through an intraprocedural cardiac arrest in a calm and composed fashion
Assessment Models or Tools	Direct observation
	Multisource feedback
	Simulation
Curriculum Mapping	
Notes or Resources	 Society for Cardiovascular Angiography & Interventions (SCAI). SCAI Online Learning. <u>http://www.scai.org/eLearning/default.aspx</u>. 2020
	 American College of Cardiology (ACC). CathSAP. <u>https://www.acc.org/education-and-meetings/products-and-resources/cathsap</u>. 2020.
	 Kern MJ. SCAI Interventional Cardiology Review. 3rd ed. Philadelphia, PA: Wolters Kluwer; 2018.

Patient Care 3: Post-Procedural Management (Inpatient and Outpatient)	
Overall Intent: To provide guideline directed therapies to optimize immediate and long-term outcomes	
Milestones	Examples
Level 1 Evaluates for post-procedural issues	 Performs an access site check after procedure and recognizes complications
With direct supervision, optimizes patient care in the outpatient setting	 Sees a patient in clinic post-procedure and completes medication reconciliation
Level 2 Manages straightforward care and issues	 Orders ultrasound to evaluate groin pain after procedure and establishes a management plan
With guidance, optimizes straightforward care of patients in the outpatient setting	 Determines optimal duration of dual anti-platelet therapy, with the attending
Level 3 Manages complex care and issues	 Manages a patient with post-percutaneous coronary intervention chest pain and hypotension
With guidance, optimizes complex care of patients in the outpatient setting	 Consults with team members regarding the decision to continue anti-platelet therapy in a patient with atrial fibrillation
Level 4 Anticipates issues and manages complex post-procedural care	 Manages a patient with complex vascular access who develops retroperitoneal bleed
Independently optimizes patient care in the outpatient setting	 Coordinates a multidisciplinary team to manage a patient with heart failure and coronary artery disease needing implantable cardioverter defibrillator placement
Level 5 Develops a clinical pathway or guideline for management of complex post-procedural issues	Develops a same-day discharge pathway for percutaneous coronary intervention
Implements strategies for advancing multidisciplinary care	 Coordinates cardiovascular assessment for kidney transplant candidates
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	•
Notes or Resources	 ACC Guidelines for Management <u>http://www.onlinejacc.org/keyword/accaha-clinical-practice-quidelines</u> Society for Cardiovascular Angiography & Interventions (SCAI). SCAI Online Learning. <u>http://www.scai.org/eLearning/default.aspx</u>. 2020 PCI Guidelines <u>https://www.ahajournals.org/doi/full/10.1161/cir.0b013e31823ba622</u> 2020.

Medical Knowledge 1: Anatomy and Physiology Overall Intent: To understand the implications of anatomy and physiology in the practice of interventional cardiology	
Level 1 Identifies normal anatomy during procedures	Identifies an 80 percent stenosis in the mid-left anterior descending artery
Demonstrates knowledge of pathophysiology of straightforward conditions	 Knows the effect of coronary stenosis on angina
Level 2 Identifies anatomic variants during procedures	 Identifies vein graft anastomosis to obtuse marginal artery
Demonstrates knowledge of pathophysiology of complex conditions	 Recognizes spontaneous coronary artery dissection on angiogram Identifies a Type 2 myocardial infarction
Level 3 Identifies the implications of varying anatomy for procedural planning	 Identifies anomalous circumflex coronary origin from the right coronary cusp and selects appropriate guide catheter
Demonstrates knowledge of pathophysiology and treatment of patients with straightforward conditions	 Describes a fractional flow reserve evaluation of serial lesions in the coronary artery
Level 4 Identifies therapeutic options targeted to complex anatomy	 Selects appropriate technique for a bifurcation lesion
Demonstrates knowledge of pathophysiology and treatment of patients with complex conditions	 Identifies and directs hemodynamic support of a patient with a right ventricular infarction
Level 5 Demonstrates a command of medical knowledge regarding rare anatomic variants	 Identifies and manages coronary fistulae
Contributes to peer-reviewed literature on pathophysiology and/or treatment	 Publishes an unusual case report on coronary fistulae
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	
Notes or Resources	 Moscucci M. Grossman and Baim's Cardiac Catheterization, Angiography, and Intervention. 8th ed. Lippinscott Williams & Wilkins; Philadelphia, PA. 2014

ledical Knowledge 2: Pharmacology	

Overall Intent: To understand the appropriate use of pharmacologic agents in interventional cardiology practice

Milestones	Examples
Level 1 Demonstrates basic knowledge of	Lists options for dual anti-platelet therapy post percutaneous coronary intervention
pharmacologic agents	
Level 2 Demonstrates knowledge of selection	Appropriately doses heparin during performance of percutaneous coronary intervention
agents	
Level 3 Demonstrates knowledge of the	 Tailors an anti-platelet regimen in an elderly patient with a history of stroke
indications, contraindications, side effects, and	
complications of pharmacologic agents	
Level 4 Integrates knowledge of pharmacology	Customizes an anti-platelet/anti-coagulation regimen post percutaneous coronary
into procedures and peri-procedural care	intervention in a patient with afib and a high bleeding risk
Level 5 Develops pharmacologic protocols or	Rewrites order set to help guide anti-platelet choices after percutaneous coronary
departmental guidelines	intervention
Assessment Models or Tools	Conference presentation
	Direct observation
	Medical record (chart) audit
	Multisource feedback
Curriculum Mapping	
Notes or Resources	European Society of Cardiology (ESC). Clinical Practice Guidelines.
	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines. 2020.
	ACC. Guidelines and Clinical Documents.
	https://www.acc.org/guidelines#doctype=Guidelines. 2020.
	American College of Cardiology (ACC). CathSAP. https://www.acc.org/education-and-
	meetings/products-and-resources/cathsap. 2020.

Medical Knowledge 3: Devices, Techniques, and Outcomes Overall Intent: To understand the implications of the choice of technique and devices in terms of procedural and long-term outcomes

Examples
 Identifies fundamental properties of guide catheters and wires
 Appropriately interprets results of intravascular ultrasound
Understands different bifurcation techniques and the challenges and benefits of each
• For a patient in cardiogenic shock post percutaneous coronary intervention, manages and
troubleshoots mechanical circulatory support
 Demonstrates superior knowledge of chronic total occlusion intervention
Direct observation
Medical record (chart) audit
Multisource feedback
SCAI fellow website http://www.scai.org/fellows 2020.
Online training

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,	
families, and health care professionals; to condu	uct a QI project
Milestones	Examples
Level 1 Demonstrates knowledge of common	• Describes the basics of reporting pathways and QI strategies, but has not yet participated
patient safety events	in such activities
Demonstrates knowledge of now to report	
patient safety events	
Domonstratos knowledge of basic quality	
improvement methodologies and metrics	
Level 2 Identifies system factors that lead to	Identifies and reports the accidental discontinuation of dual antiplatelet agents after
natient safety events	percutaneous coronary intervention along with contributing system factors
patient carety events	
Reports patient safety events through	• Is aware of available hospital and departmental reporting mechanisms for adverse events
institutional reporting systems (simulated or	and near-misses
actual)	
, ,	
Describes quality improvement initiatives at the	• Describes the mechanisms for referral for cardiac rehab post-percutaneous coronary
institutional or departmental level	intervention
Level 3 Participates in analysis of patient safety	• Prepares a morbidity and mortality (M and M) presentation and has communicated with
events (simulated or actual)	patients/families about such an event
Participates in disclosure of patient safety	
events to patients and families (simulated or	
actual)	
Participatos in quality improvement initiatives at	Participates in a project aimed at decreasing kidney injury past percutaneous corepany
the institutional or departmental level	intervention
Level 4 Conducts analysis of natient safety	Collaborates with a team to lead the analysis of a natient safety event and can
events and offers error prevention strategies	competently communicate with natients/families about those events
(simulated or actual)	
Discloses patient safety events to patients and	• Completes a QI project for decreasing post-percutaneous coronary intervention bleeding
families (simulated or actual)	and assesses the effect of the intervention

Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	 Competently assumes a leadership role at the institutional or community level for patient safety and/or QI initiatives
Role models or mentors others in the disclosure of patient safety events	
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	
Assessment Models or Tools	 Chart or other system documentation by fellow Direct observation Multisource feedback Portfolio Reflection Simulation
Curriculum Mapping	
Notes or Resources	 Institute of Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u>. 2020.

Systems-Based Practice 2: System Navigation for Patient-Centered Care		
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers; to adapt care to		
a specific patient population to ensure high-qual	lity patient outcomes	
Milestones	Examples	
Level 1 Demonstrates knowledge of care	 Identifies the various members of the heart team and defines their roles 	
coordination		
Identifies key elements for effective transitions	 Lists the essential components of an effective sign-out and care transition 	
of care		
Level 2 Coordinates care of patients in routine	• Contacts cath lab team members for routine cases, but requires supervision to ensure all	
clinical situations, effectively using the roles of	necessary referrals, testing, and care transitions are made	
the interprofessional teams		
Performs effective transitions of care in routine	• Performs a routine case sign-out but still needs guidance and direct supervision to identify	
clinical situations	and appropriately triage cases or calls	
Demonstrates general knowledge of financial,	• Identifies components of social determinants of health and how they impact the delivery of	
cultural, and social barriers to adherence of care	patient care	
Level 3 Coordinates care of patients in complex	Uses care coordinators to help prevent readmission after percutaneous coronary	
clinical situations, effectively using the roles of	intervention	
the interprofessional teams		
Derferme offective transitions of core in complex.	Device and a finative transitions of some with all similar beauties at shift shows a	
Performs effective transitions of care in complex	• Performs safe and effective transitions of care with clinical service at shift change	
Identifies financial cultural and social barriers	• Knows which patients are at high risk for specific health outcomes related to health	
to adherence of care to specific populations	literacy concerns, cost of testing or therapy LGRTO status, etc.	
Level 4 Role models effective coordination of	Role models and educates students and junior team members regarding the engagement	
nationt-contered care among different	of appropriate interprofessional team members and ensures the necessary resources	
disciplines and specialties	have been arranged	
Role models and advocates for effective	Coaches cardiology fellows on effective transition from the inpatient to outpatient setting	
transitions of care within and across health care		
delivery systems		
Adapts practice to address the financial,	 Adjusts practice to consistently assess patients with payment barriers and ensure they 	
cultural, and social barriers to adherence of care	are prescribed lower-cost medications	

Level 5 Analyzes the process of care coordination and leads in the design and implementation of improvements	• Works with hospital or ambulatory site team members or leadership to analyze care coordination in that setting, and takes a leadership role in designing and implementing changes to improve the care coordination
Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	 Works with a QI mentor to identify better hand-off tools for on-call services
Leads innovations and advocates for populations with health care inequities	 Designs a health curriculum to help others learn to identify social determinants of health, local resources, and barriers to care Helps develop telehealth program to ensure that patients in rural areas can be seen by all cardiology specialists
Assessment Models or Tools	 Case management quality metrics and goals mined from electronic health records (EHRs) Direct observation
	Medical record (chart) review
	Multisource feedback
Curriculum Mapping	
Notes or Resources	 CDC. Population Health Training in Place Program (PH-TIPP). <u>https://www.cdc.gov/pophealthtraining/whatis.html</u>. 2020. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan JM, Gonzalo JD. <i>AMA Education Consortium: Health Systems Science</i>. 1st ed. Philadelphia, PA: Elsevier; 2016. <u>https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003</u>. 2020.

Systems-Based Practice 3: Physician Role in Health Care Systems

Overall Intent: To understand the physician's role in the complex health care system and how to optimize the system to improve patient care and the health system's performance		
Milestones	Examples	
Level 1 Identifies key components of the health care system (e.g., hospital, skilled nursing facility, finance, personnel, technology) Describes basic health payment systems, (e.g.,	 Recognizes that hospitals, skilled nursing facilities, and technology are components of the health care system and describes different payment systems, such as Medicare, Medicaid, the VA, and commercial third-party payers 	
government, private, public, uninsured care) and practice models		
Level 2 Describes how components of a complex health care system are interrelated, and how this impacts patient care	 Describes how improving patient satisfaction improves patient adherence and remuneration to the health system 	
Delivers care with consideration of each patient's payment model (e.g., insurance type)	 Applies knowledge of health plan features, including formularies and network requirements in patient care situations 	
Demonstrates essential skills for documentation required for independent practice (e.g., electronic health record, documentation required for billing and coding)	 Completes a note template following a routine patient encounter and applies appropriate coding in compliance with regulations 	
Level 3 Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency) Engages with patients in shared decision making, informed by each patient's payment models	 Understands, accesses, and analyzes performance data at departmental or individual level; relevant data may include: Myocardial infarction mortality from national registry Group's post-percutaneous coronary intervention readmission rates Uses shared decision making to select the most cost-effective testing depending on the relevant clinical needs 	
Seeks knowledge in non-clinical topics needed for independent practice (e.g., malpractice insurance, government regulation, compliance)	 Understands the process of contract negotiations and choosing malpractice insurance carriers and features 	
Level 4 Manages various components of the complex health care system to provide efficient and effective patient care and transition of care	 Works collaboratively with the institution to improve patient assistance resources or design the institution's community health needs assessment, or develop/implement/assess the resulting action plans 	

Advocates for patient care needs (e.g., community resources, patient assistance resources) with consideration of the limitations of each patient's payment model Applies knowledge in non-clinical topics needed for independent practice	 Applies knowledge of contract negotiations and choosing malpractice insurance carriers and features
Level 5 Advocates for or leads systems change that enhances high-value, efficient, and effective patient care and transition of care	 Works with community or professional organizations to advocate for no smoking ordinances
Participates in health policy advocacy activities	 Develops processes to coordinate regional ST-elevation myocardial infarction care
Educates others in non-clinical topics to prepare them for independent practice	 Improves informed consent process for non-English-speaking patients requiring interpreter services
Assessment Models or Tools	 Direct observation Medical record (chart) review QI project
Curriculum Mapping	
Notes or Resources	 Agency for Healthcare Research and Quality. Measuring the Quality of Physician Care. <u>https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html</u>. 2020. AHRQ. Major Physician Measurement Sets. <u>https://www.ahrq.gov/talkingquality/measures/setting/physician/measurement-sets.html</u>. 2020. American Board of Internal Medicine. QI/PI Activities. <u>https://www.abim.org/maintenance-of-certification/earning-points/gi-pi-activities.aspx</u>. 2020. The Commonwealth Fund. Health System Data Center. <u>http://datacenter.commonwealthfund.org/?_ga=2.110888517.1505146611.1495417431-1811932185.1495417431#ind=1/sc=1</u>. 2020. Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities from a National Academy of Medicine Initiative. <i>NAM Perspectives</i>. Discussion Paper, National Academy of Medicine, Washington, DC. <u>https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-of-medicine-initiative/</u>. 2020. The Kaiser Family Foundation. <u>www.kff.org</u>. 2020.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice
Overall Intent: To incorporate evidence and patient values into clinical practice

Milestones	Examples
Level 1 Demonstrates how to access and use available evidence to manage a patient with cardiovascular disease	 Obtains the appropriate evidence-based guidelines for management of coronary disease
Level 2 Articulates clinical questions and elicits patient preferences to guide evidence-based care	 Asks symptom driven and goals of care questions of the patient with coronary disease
Level 3 Locates and applies the best available evidence to the care of patients with	 Applies evidence in the care of a patient with symptomatic, severe coronary disease who does not want surgery
cardiovascular disease while integrating patient preference	 Researches and applies the concept of frailty in the evaluation of a patient with severe aortic stenosis
Level 4 Critically appraises and applies available, potentially conflicting evidence to guide care of an individual patient	 Critically evaluates new primary literature, in the care of a patient with severe coronary disease and atrial fibrillation
Level 5 Develops initiatives to educate others to critically appraise and apply evidence for complex patients and/or participates in the development of guidelines	 Teaches others how to find and apply best practice or develops, independently or as a part of a team, thoughtful clinical guidelines on management of coronary disease Helps write a multi-team policy for the institution to address how to manage patients with complex coronary and valvular heart disease
Assessment Models or Tools	 Direct observation Evaluation of presentation
	 Self-assessment tests such as in-training exams, CathSAP self-assessment tests
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Acad Pediatr</i>. 2014;14(2 Suppl):S38-S54. <u>https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext</u>. 2020. Harrington RA, Barac A, Brush JE Jr, et al. COCATS 4 Task Force 15: training in cardiovascular research and scholarly activity. <i>J Am Coll Cardiol</i>. 2015;65(17):1899-1906. <u>https://www.sciencedirect.com/science/article/pii/S0735109715008396?via%3Dihub</u>. 2020.
	 NEJM Knowledge. Exploring the ACGME Core Competencies: Practice-Based Learning and Improvement. <u>https://knowledgeplus.nejm.org/blog/practice-based-learning-and-improvement/</u>. 2020.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth

Overall Intent: To seek performance information with the intent to improve care; to reflect on all domains of practice and develop goals for improvement

Milestones	Examples
Level 1 Accepts responsibility for personal and professional development by establishing goals	 Sets goal to independently interpret coronary angiograms
Acknowledges limits and gaps between expectations and performance; demonstrates self-awareness	 Acknowledges need to improve skills in arterial access
Level 2 Demonstrates openness to feedback and performance data in order to form goals	 Accepts feedback regarding need to improve skills in guide catheter manipulation
Analyzes the factors which contribute to limits and gaps; demonstrates appropriate help- seeking behaviors	 Recognizes difficulty in delivering a stent and asks for assistance
Level 3 Occasionally seeks feedback and performance data with adaptability and humility	 Asks attending for feedback on their performance after a challenging case
Creates and implements a learning plan	 Develops a plan to use online resources to learn more about intravascular imaging
Level 4 Systematically seeks feedback and performance data with adaptability and humility	 With an attending, asks about performance and opportunities for improvement at the end of each week
Uses performance data to assess learning plan and improves it when necessary	 Consistently identifies ongoing gaps and chooses areas for further development
Level 5 Coaches others to seek feedback and performance data	 Mentors cardiology fellow to improve diagnostic angiography skills and ask for feedback
Facilitates the design and implementation of learning plans for others	 Develops a form that cardiology fellows can use to document and implement a learning plan based on in-training exam results
Assessment Models or Tools	Direct observation
	End-of-rotation evaluations
Ourrisulum Manaiaa	Review of learning plan
Curriculum Mapping	
	 Hojat IVI, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. Academic Medicine. 2009;84(8):1066-1074.

https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement_and_Correl
ates_of_PhysiciansLifelong.21.aspx. 2020.
• Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing
residents' written learning goals and goal writing skill: validity evidence for the learning
goal scoring rubric. Academic Medicine. 2013;88(10):1558-1563.
https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing_ResidentsW
ritten Learning Goals and 39. aspx. 2020.

	Professionalism 1: Professional Behavior and Ethical Principles	s
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Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrates ethical and professional behaviors, and use appropriate resources for managing ethical and professional dilemmas

Milestones	Examples
Level 1 Identifies and describes potential	 Recognizes that when in the catheterization laboratory, the fellow is less available to
triggers for professionalism lapses	answer pages
Demonstrates knowledge of ethical principles	 Discusses patient preferences during informed consent for percutaneous coronary
(e.g., informed consent, advance directives,	intervention
confidentiality, patient autonomy)	
Level 2 Demonstrates insight into professional	 Acknowledges a lapse without becoming defensive and make amends if needed
behavior in routine situations	 Articulates strategies for preventing similar lapses in the future
Applies knowledge of ethical principles to	Recognizes and responds appropriately when peers seek coverage of a shift due to
routine situations	fatigue
Level 3 Demonstrates professional behavior in	 Behaves respectfully and calmly during a stressful interaction with a catheterization
complex or stressful situations	laboratory team member
Recognizes need to seek help in managing and	Requests a palliative care consult to establish goals of care as a component of procedural
resolving complex ethical situations	
Level 4 Recognizes situations that may trigger	I akes responsibility for unprofessional behavior
professionalism lapses and intervenes to	• Successfully leads a difficult conversation between the health care team and a distraught
prevent lapses in self and others	or angry family member
Lloss appropriate resources for managing and	- Despende to peoplific athiest issues when discussing a same at M and M conference
resolving othical dilemmas (o.g. othica	• Responds to possible ethical issues when discussing a case at M and M conference
consultations, risk management)	
Lovel 5 Coschos others when their behavior	• Montore a follow in the cardiovaccular intensive care unit (ICLI) after an interaction with a
fails to meet professional expectations	nurse led to a difficult discussion in front of a patient's family
	nurse led to a difficult discussion in none of a patient s family
Identifies and seeks to address system-level	• Engages in system-wide efforts to improve professionalism through participation in a work
factors that induce or exacerbate ethical	group committee or task force
problems or impede their resolution	group, committee, or tack force
Assessment Models or Tools	Direct observation
	Multisource feedback
	• Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or
	systems-level factors)

	Simulation
Curriculum Mapping	
Notes or Resources	 American Board of Internal Medicine, ACP-ASIM Foundation, European Federation of Internal Medicine. Medical professionalism in the new millennium: a physician charter. <i>Ann Intern Med.</i> 2002;136:243-246. <u>http://abimfoundation.org/wp-</u> <u>content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician- Charter.pdf</u>. 2020. American Medical Association. Ethics. <u>https://www.ama-assn.org/delivering-care/ama- code-medical-ethics</u>. 2020. Byyny RL, Papadakis MA, Paauw DS. <i>Medical Professionalism Best Practices</i>. Menlo Park, CA: Alpha Omega Alpha Medical Society; 2015. <u>https://alphaomegaalpha.org/pdfs/2015MedicalProfessionalism.pdf</u>. 2019. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. <i>Understanding Medical Professionalism</i>. 1st ed. New York, NY: McGraw-Hill Education; 2014.

Professionalism 2: Accountability/Conscientiousness	
Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team, as well	
as recognizes and manages potential conflicts of	of interest
Milestones	Examples
Level 1 Takes responsibility for failure to	• Responds promptly to reminders from program administrator to complete work-hour logs
complete tasks and responsibilities, identifies	Timely attendance at conferences
potential contributing factors, and describes	
strategies for ensuring timely task completion in	
the future	
Recognizes the principles of conflict of interest	Understands the potential conflict of interests in relationships with pharmaceutical and
in relationships with industry and other entities	device companies
Level 2 Performs tasks and responsibilities in a	• Completes procedure notes in a timely manner, with attention to detail and recognizes
timely manner with appropriate attention to	when the fellow will have trouble completing that task
detail in routine situations	
Recognizes personal potential conflicts with	• Completes and documents safety modules, procedure review, and licensing requirements
industry	 Understands the potential conflict of interest in receiving gifts and educational resources
	from pharmaceutical and device companies
Level 3 Performs tasks and responsibilities in a	• Appropriately responds to a nurse call for a patient with a hematoma; orders appropriate
timely manner with appropriate attention to	work-up and notifies attending
detail in complex or stressful situations	
Seeks assistance in managing personal	 In collaboration with peers and supervisors, reviews and critiques promotional materials
relationships with industry and other entities to	provided by pharmaceutical and device representatives
minimize bias and undue influence in practice	 Follows institutional policies regarding relationships with industry representatives
Level 4 Recognizes situations that may impact	 Advises cardiology fellows how to manage their time in completing patient care tasks
others' ability to complete tasks and	when working in the catheterization laboratory
responsibilities in a timely manner	• Takes responsibility for potential adverse outcomes and professionally discusses with the
	interprofessional team
Identifies, discloses, and manages relationships	 Independently reviews and critiques promotional materials provided by pharmaceutical
with industry and other entities to minimize bias	and device representatives
and undue influence in practice	
Level 5 Engages with the system to improve	 Sets up a meeting with the nurse manager to streamline patient discharges
outcomes	Leads multidisciplinary team in a root cause analysis
Assessment Models or Tools	Compliance with deadlines and timelines
	Direct observation

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	Multisource feedback
	 Self-evaluations and reflective tools
Curriculum Mapping	
Notes or Resources	American Board of Internal Medicine, ACP-ASIM Foundation, European Federation of
	Internal Medicine. Medical professionalism in the new millennium: a physician charter.
	Ann Intern Med. 2002;136:243-246. http://abimfoundation.org/wp-
	content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician-
	Charter.pdf. 2020.
	 Code of conduct from resident/fellow institutional manual
	 Expectations of residency/fellow program regarding accountability and professionalism

Professionalism 3: Self-Awareness and Well-Being Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others	
Milestones	Examples
Level 1 Recognizes the importance of personal and professional well-being	Accepts responsibility to monitor one's own well-being
Level 2 Independently recognizes status of personal and professional well-being	Identifies possible sources of personal stress and independently seeks help
Level 3 With assistance, proposes a plan to optimize personal and professional well-being	• With assistance, develops an action plan to address sources of burnout for self or team
Level 4 Independently develops a plan to optimize personal and professional well-being	 Independently develops action plans for continued personal and professional growth, and limits stress and burnout for self or team
Level 5 Participates in a system change to improve well-being in self and others	 Mentors patients and colleagues in self-awareness and establishes health management plans to limit stress and burnout
Assessment Models or Tools	 Direct observation Group interview or discussions for team activities Individual interview Institutional online training modules Participation in institutional well-being programs Self-assessment and personal learning plan
Curriculum Mapping	
Notes or Resources	 This subcompetency is not intended to evaluate a resident's well-being. Rather, the intent is to ensure that each resident has the fundamental knowledge of factors that impact well-being, the mechanism by which those factors impact well-being, and available resources and tools to improve well-being. ACGME. Tools and Resources. <u>https://www.acgme.org/What-We-Do/Initiatives/Physician-Well-Being/Resources. 2020</u>. Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence: personal and professional development. <i>Acad Pediatr.</i> 2014;14(2 Suppl):S80-97. https://linkinghub.elsevier.com/retrieve/pii/S1876-2859(13)00332-X. 2020.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication

Overall Intent: To use language and behaviors to form constructive relationships with patients, identifies communication barriers including self-reflection on personal biases, and minimizes them in the doctor-patient relationships; to organize and lead communication around shared decision making

Milestones	Framples
Level 1 Demonstrates respect and establishes	Solf-monitors and controls tong, non-verbal responses, and language and asks questions
rapport in patient encounters	to invite patient/family participation
Knows barriers to effective communication (e.g., language, disability, health literacy, cultural, personal bias)	 Can list examples of common communication barriers in patient care
Identifies the need to adjust communication strategies to achieve shared decision making	 Avoids medical jargon when talking to patients
Level 2 Establishes a therapeutic relationship in routine patient encounters	• Develops a professional relationship with patients/families, with active listening and attention to communication barriers in patient and family encounters
Identifies barriers to effective communication in patient encounters	
Organizes and initiates communication with patient/family to facilitate shared decision making	• Takes the lead in organizing a meeting time and agenda with the patient, family, and consulting teams; begins the meeting, reassessing patient and family understanding and anxiety
Level 3 Establishes a therapeutic relationship in challenging patient encounters, with guidance	 Can articulate personal challenges in the patient care relationship, how personal biases may impact the relationship, and strategies to use going forward
Attempts to minimize communication barriers, including reflection on any personal biases	 Recognizes communication barriers and reflects on implicit biases
Uses shared decision making to implement a personalized care plan, under guidance	• Elicits what is most important to the patient and family, and acknowledges uncertainty in the medical complexity and prognosis
Level 4 Independently establishes a therapeutic relationship in challenging patient encounters	• Independently establishes a therapeutic relationship with a patient who is at the end of life and the risks and benefits of a procedure are unclear
Proactively minimizes communication barriers and independently manages personal biases	 Anticipates and proactively addresses communication barriers, including recognition of own implicit bias

Independently, uses shared decision making to implement a personalized care plan	• Engages in shared decision making process with the patient and family, including a recommended plan to align patient's unique goals with treatment options
Level 5 Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	 Supports colleagues in self-awareness and reflection to improve therapeutic relationships with patients
Role models self-awareness to minimize communication barriers	• Becomes a role model for proactive self-awareness and reflection around explicit and implicit biases with a context specific approach to mitigate communication barriers
Role models shared decision making	• Exemplifies shared decision making with clear recommendations to patients and families in complex clinical situations
Assessment Models or Tools	 Direct observation Multisource feedback Self-assessment including self-reflection exercises Standardized patients or structured case discussions
Curriculum Mapping	
Notes or Resources	 Braddock III CH, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: time to get back to basics. <i>JAMA</i>. 1999;282(24):2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. 2020. Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. <u>https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170</u>. 2020. Lane JL, Gottlieb RP. Structured clinical observations: a method to teach clinical skills with limited time and financial resources. <i>Pediatrics</i>. 2000;105(4 Pt 2):973-977. <u>https://pediatrics.aappublications.org/content/105/Supplement_3/973</u>. 2020. Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of communication skills and professionalism in residents. <i>BMC Med Educ</i>. 2009;9:1. https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2020.

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To effectively communicate with the health care team, including consultants, in both routine and complex situations

Milestones	Examples
Level 1 Respectfully receives a consultation request	 Shows respect through words and actions when receiving calls for assistance from members of the health care team
Uses language that values all members of the health care team	• Listens to and considers others' points of view, is nonjudgmental and actively engaged, and demonstrates humility
Level 2 Respectfully and thoroughly completes consultations with effective documentation and communication in common cases, with direct supervision	 Demonstrates active listening by fully focusing on the health care provider
Communicates information effectively with all health care team members	• Communicates clearly and concisely in an organized and timely manner during consultant encounters, as well as with the health care team in general
Participates in team-based discussions to optimize team performance	Participates in multidisciplinary discussions regarding treatment for particular patients
Level 3 Completes consultations with effective documentation and communication in common cases, with indirect supervision	 Respectfully accepts feedback from and provides feedback to members of the cath lab team for the purposes of improvement
Adapts communication style to fit team needs	• Uses reinforcement strategies to assess and receive understanding during consultations
Initiates team-based discussions to optimize team performance	• Arranges and facilitates multidisciplinary discussions regarding treatment for particular patients, under supervision
Level 4 Completes consultations with effective documentation and communication in complex cases	 Communicates recommendations effectively and in a timely manner with referring or collaborating members of the health care team
Coordinates recommendations from different members of the health care team to optimize patient care	 Arranges and leads multidisciplinary discussions regarding treatment for complex cases
Facilitates team-based discussions to optimize team performance	Organizes a valve team discussion

Level 5 Role models flexible communication strategies that value input from all health care team members, resolving conflict when needed	Guides others in organizing effective team meetings to resolve conflict
Facilitates regular health care team-based feedback in complex situations	Leads team discussions after adverse outcomes of complex cases
Assessment Models or Tools	 Direct observation Global assessment Medical record (chart) review Multisource feedback Simulation encounters
Curriculum Mapping	
Notes or Resources	 Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360. <i>MedEdPORTAL</i>. 2015;11:10174. <u>https://www.mededportal.org/publication/10174/</u>. 2020. Green M, Parrott T, Cook G., Improving your communication skills. <i>BMJ</i>. 2012;344:e357. <u>https://www.bmj.com/content/344/bmj.e357</u>. 2020. Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving communication skills in graduate medical education: a review with suggestions for implementation. <i>Med Teach</i>. 2013;35(5):395-403. <u>https://www.tandfonline.com/doi/full/10.3109/0142159X.2013.769677</u>. 2020. Roth CG, Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of emotional intelligence in medical education. <i>Med Teach</i>. 2018:1-4. <u>https://www.tandfonline.com/doi/full/10.1080/0142159X.2018.1481499</u>. 2020.

Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To effectively communicate using a variety of methods

Milestones	Examples
Level 1 Accurately records information in the	 Notes are accurate but may lack organization and include extraneous information
patient record and safeguards patient personal health information	 Only uses methods of communication that are HIPAA compliant to transmit patients' health information
Level 2 Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	 Notes are organized and accurate but may still contain extraneous information Identifies method for sharing results needing urgent attention
Identifies appropriate communication channels (e.g., cell phone/ pager usage, medical record, email) as required by institutional policy	 Recognizes that a communication breakdown has happened and respectfully brings the breakdown to the attention of the faculty member
Level 3 Concisely reports diagnostic and therapeutic reasoning in the patient record	 Documentation is accurate, organized, and concise, but may not consistently contain plan of care
Respectfully communicates concerns about the system	 Communicates opportunities for improvement in the EHR interface
Level 4 Independently communicates timely information in a written format and verbally when appropriate	 Writes a clear and concise note and transmits critical information to a colleague verbally Knows when to call the care team about unexpected or critical findings of clinical significance
Uses appropriate channels to offer clear and constructive suggestions to improve the system	 Participates in task force to update policy for sharing abnormal results
Level 5 Models written communication to improve others' performance	 Leads a task force established by the hospital QI committee to develop a plan to improve patient hand-offs
Guides departmental or institutional communication around policies and procedures	 Develops process improvement for procedural documentation
Assessment Models or Tools	Direct observation
	Multisource feedback
Curriculum Mapping	•
Notes or Resources	• Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible electronic documentation: validity evidence for a checklist to assess progress notes in the

electronic health record. Teach Learn Med. 2017;29(4):420-432.
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https://www.jointcommissionjournal.com/article/S1553-7250(06)32022-3/fulltext. 2020.
• Starmer AJ, et al. I-pass, a mnemonic to standardize verbal handoffs. <i>Pediatrics</i> .
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status=401&nftoken=0000000-0000-0000-0000-
000000000000000&nfstatusdescription=ERROR%3a+No+local+token. 2020.

Available Milestones Resources

Clinical Competency Committee Guidebook, updated 2020 -

https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380

Clinical Competency Committee Guidebook Executive Summaries, New 2020 - <u>https://www.acgme.org/What-We-</u> <u>Do/Accreditation/Milestones/Resources</u> - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750</u>

Milestones for Residents and Fellows PowerPoint, new 2020 -<u>https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows</u>

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013

Assessment Guidebook, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587</u> (2019)

Milestones Bibliography, updated twice each year - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447</u>

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment</u>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://dl.acgme.org/pages/assessment

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/