

Supplemental Guide: Radiation Oncology

ACGME

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Milestones Supplemental Guide

This document provides additional guidance and examples for the Radiation Oncology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Overall Intent: To develop clinical competence examination, and making a treatment recomment	Patient Care 1: Consult in initial consultation including taking an appropriate history with cultural humility, physical ndation
Milestones	Examples
Level 1 Takes basic medical history and performs general physical exam	 Obtains an accurate general history from the patient and performs a general physical exam
Lists the elements of the informed consent process	 Discusses the need for including risks, benefits, and alternatives within the informed consent
Level 2 Takes site-focused history and performs basic site-focused physical exam	 Obtains an accurate site-specific history from a patient with early breast cancer including obstetrics and gynecology history and mammogram history Performs a physical exam including a breast and axillary lymph node exam
Lists treatment options	 Lists breast conserving surgery followed by radiotherapy versus mastectomy as treatment options
Answers questions about treatment plan and seeks guidance, when needed	 Explains radiotherapy process to patient including simulation process, prone versus supine positioning, what to expect in treatment vault, etc.; describes acute and late adverse effects of treatment for early breast cancer
Level 3 Takes comprehensive site-focused history and performs advanced site-focused physical exam	 Obtains an accurate site-specific history from a patient with locally advanced oropharyngeal cancer including smoking and alcohol history, human papillomavirus (HPV) risk factors Performs a physical exam including bimanual oral cavity exam, cervical lymph node exam, and flexible fiberoptic laryngoscopy
Selects treatment(s) for common clinical scenarios and formulates multidisciplinary care plan	 Lists treatment options including chemoradiotherapy versus surgical resection
Identifies risks and benefits of common treatment options and obtains informed consent	 Counsels patient about risks and benefits of surgery followed by adjuvant treatment versus primary chemoradiotherapy; describes acute and late adverse effects of treatment for head and neck cancer
Level 4 Completes a history/physical for complex clinical scenarios	 Obtains an accurate site-specific history from a pediatric patient with neuroblastoma and family members Performs a physical exam including abdominal exam with palpation of liver

Selects treatment and coordinates the multidisciplinary care plan for complex clinical scenarios	• Lists treatment options for neuroblastoma and collaborates with other care teams to ensure optimal coordination of care with pediatric oncology and pediatric surgery
Identifies risks and benefits of complex treatment options and obtains informed consent	• Counsels patient and family about risks and benefits of treatment; describes acute and late adverse effects of treatment for head and neck cancer
Level 5 Leads the multidisciplinary care team	 Leads multidisciplinary coordination of care for complex cases
Assessment Models or Tools	 Direct observation E-module multiple choice tests Medical record (chart) audit Multisource feedback Portfolio Simulation (e.g., objective structured clinical exam (OSCE), oral case-based objective skills assessment)
Curriculum Mapping	
Notes or Resources	 Radiation Oncology Education Collaborative Study Group. Introductory Radiation Oncology Curriculum (IROC). <u>https://roecsg.org/iroc/</u>. Accessed 2021.

Overall Intent: To order and supervise simulation	Patient Care 2: Simulation ons, troubleshooting problems that arise
Milestones	Examples
Level 1 Identifies the members of interprofessional team involved in simulation	 Understands physicians, radiation therapists, physicists, dosimetrists, nurses, and social workers may be involved with simulation process
Identifies role of the radiation oncologist in simulation process	 Identifies radiation oncologist as team member that completes simulation order, reviews, and verifies simulation position and scan
Level 2 Lists simulation parameters	 Lists different immobilization devices and positions, different breathing techniques for stereotactic lung treatment
Supervises simulation to ensure parameters are met	 Observes therapists performing computerized tomography (CT) simulation for early lung cancer and reviews simulation scan to ensure tumor is included and scan includes entire length of lungs
Level 3 Selects simulation parameters for common clinical scenarios to balance tumor exposure and patient comfort	 Instructs therapists to try prone and supine position for a woman with node-negative breast cancer who is uncomfortable in the prone position
Recognizes common problems that arise during simulation scans and works with interprofessional team to resolve	 Asks a nurse to access a patient's port for intravenous (IV) contrast rather than start a new IV line
Level 4 Selects simulation parameters for uncommon clinical scenarios to balance tumor exposure and patient comfort	 Orders simulation to be done feet-first for treatment of squamous cell carcinoma of the toe
Recognizes uncommon problems that arise during simulation scans and works with interprofessional team to resolve	 Considers having therapists use a breast board to incline a patient who has head and neck cancer and trouble breathing while undergoing simulation
Level 5 Develops a new simulation immobilization technique	 Coordinates with physics and therapists to develop a simulation protocol for an institution that is starting to treat ventricular tachycardia
Assessment Models or Tools	 Direct observation E-module multiple choice tests Medical record (chart) audit Multisource feedback Portfolio Simulation (e.g., OSCE, oral case-based objective skills assessment)

Curriculum Mapping	
Notes or Resources	 Radiation Oncology Education Collaborative Study Group. Introductory Radiation
	Oncology Curriculum (IROC). https://roecsg.org/iroc/. Accessed 2021.

Patient Care 3: Contouring and Target Delineation Overall Intent: To accurately contour and delineate targets and organs at risk on treatment planning images with guidance from diagnostic imaging

Milestones	Examples
Level 1 Identifies relevant organs at risk	 List and define gross tumor target volume (GTV), clinical target volume (CTV), internal target volume (ITV), and planning target volume (PTV)
Identifies diagnostic imaging modalities useful for target delineation	
Lists target volume definitions	 Identifies the need for CT, positron emission tomography (PET), and/or magnetic resonance imaging (MRI) to guide target delineation
Level 2 Contours common organs at risk	In a lung case, contours the spinal canal, lungs, and heart
Selects diagnostic images to aid in high-quality target delineation	• Accurately contours simple cases including palliative bone metastases, lung stereotactic body radiation therapy (SBRT) target volume, prostate alone in a breast case, contours the tumor cavity
Contours simple target volumes	 Diagnostic imaging: Selects the appropriate imaging sequences (e.g., pre-/post-operative imaging, T1 versus T2 MRI, CT, with or without contrast)
Level 3 Contours complex organs at risk	 In a glioblastoma case, contours optic chiasm, lacrimal glands, and brain stem
Verifies accuracy of co-registration of the image fusions with the planning scan	 Accurately contours moderately complex cases including whole pelvis (prostate, endometrium), esophagus, glioblastoma, etc.
Contours moderately complex target volumes	• Reviews MRI image registration for glioblastoma case and requests assistance correcting any errors
Level 4 Identifies errors in organ at risk contours	Reviews and corrects organs at risk already contoured by dosimetry/physics staff
Resolves errors in co-registration	• Accurately contours complex cases including definitive or post-operative head and neck, pancreas (intact or post-operative), vulvar, or lymphoma
Contours complex target volumes	 In a head and neck case, notices an error in registration of PET scan and adjusts accordingly
Level 5 Anticipates treatment planning challenges and proactively adjusts target volumes	 Consistently and proactively adjusts GTV and CTVs to balance coverage with the risk of toxicity to critical structures
Assessment Models or Tools	Direct observation

	Multisource feedback
	Volume review
Curriculum Mapping	
Notes or Resources	ASTRO. ASTRO Consensus Statement on Standardizing Normal Tissue Contouring for
	Radiation Therapy Treatment Planning: Executive Summary.
	https://www.astro.org/Patient-Care-and-Research/Clinical-Practice-
	Statements/Contouring-Consensus-Guidance-Document. Accessed 2021.
	ASTRO. Radiation Oncology Resources.
	https://www.astro.org/uploadedFiles/ MAIN SITE/Affiliate/International/Content Pieces/I
	ESEducationalresources.pdf. Accessed 2021.
	eContour. <u>https://econtour.org/</u> . Accessed 2021.
	 International Journal of Radiation oncology. Contouring Atlases.
	https://www.redjournal.org/contouring-atlases. Accessed 2021.
	NRG Oncology. Contouring Atlases, Templates & Tools.
	https://www.nrgoncology.org/ciro-contouring-atlases-templates-and-tools. Accessed 2021.

	Care 4: Treatment Planning and Plan Evaluation
	ment plan (target coverage and avoidance of organs at risk) and to troubleshoot necessary
tradeoffs, reoptimization or changes in treatmer	
Milestones	Examples
Level 1 Identifies the role of the radiation oncologist in treatment planning	 Identifies that the role of radiation oncologist, after simulation, includes delineation of targets and organs at risk (OAR), coverage and sparing goals, and plan review
Identifies different treatment planning techniques	 Identifies that treatment planning techniques can include three-dimensional conformal radiation therapy (3-D-CRT), intensity-modulated radiation therapy (IMRT), protons, and electrons
Understands that target coverage must be balanced with dose to organs at risk	 Understands that a planning target volume overlapping spine should not exceed spinal cord constraint
Level 2 Evaluates a simple radiotherapy plan and recognizes when revision is needed	• Demonstrates a systematic approach to radiation plan review for simple plans, such as Palliative cases, simple breast plans, lung, bone, whole brain, and other simple 3-D plans
Identifies basic treatment planning techniques	 Distinguishes between two-dimensional (2-D), three-dimensional (3-D), IMRT, and brachytherapy plans
Demonstrates general knowledge of organs at risk tolerance (serial and parallel) with conventional fractionation	 Lists common dose constraints such as lung volume receiving greater than 20 Gray (Gy) (V20), spinal cord point maximum doses, and optic nerve maximum dose
Level 3 Evaluates a moderately complex radiotherapy plan and recognizes when revision is needed	 Demonstrates a systematic approach to radiation plan review for IMRT and complex 3-D imaging
Suggests plan revisions that incorporate simple planning techniques	 Works with dosimetry to change the energy or add an extra beam in simple 3-D cases and modifies field size
Demonstrates general knowledge organs at risk tolerance for fractionation other than conventional	 Identifies resources for constraints for commonly used hypofractionation schemes
Level 4 Evaluates a complex radiotherapy plan and recognizes when revision is needed	 Demonstrates a systematic approach to radiation plan review for central lung SBRT retreat, complex retreatment, challenging pediatrics
Suggests plan revisions that incorporate complex planning techniques	 Suggestion to switch from 3-D-CRT to IMRT for OAR sparing/conformality Decision to switch from IMRT to protons

Independently evaluates a reirradiation plan using biologically effective dose or equivalent dose calculations	• Uses and understands biologically effective dose and equivalent dose calculation tool and applies to reirradiation thorax case to minimize dose to spine
Level 5 Consistently anticipates challenges dosimetrists may incur with plan design and offers prospective advice on how to maximize target coverage and minimize dose to organs at risk	 Anticipates a potential change in volume and proactively schedules a replan for a patient with cervical cancer and tumor shrinkage and the small bowel drops into the field
Assessment Models or Tools	 Direct observation Simulation
Curriculum Mapping	
Notes or Resources	 American Association of Physicists in medicine (AAPM). Quantitative Analysis of Normal Tissue Effects in the Clinic (QUANTEC). <u>https://www.aapm.org/pubs/quantec.asp</u>. 2021. Dean M, Jimenez R, Mellon E, et al. CB-CHOP: A simple acronym for evaluating a radiation treatment plan. <i>Applied Radiation Oncology</i>. 2017:28-30. <u>http://cdn.aqilitycms.com/applied-radiation-oncology/PDFs/issues/ARO_12-17_Dean.pdf</u>. Emami B, Lyman J, Brown A, et al. Tolerance of normal tissue to therapeutic irradiation. <i>Int J Radiat Oncol Biol Phys</i>. 1991;21(1):109-122. <u>https://pubmed.ncbi.nlm.nih.gov/2032882/</u>. Moore KL, Brame RS, Low DA, Mutic S. Quantitative metrics for assessing plan quality. <i>Semin Radiat Oncol</i>. 2012;22(1):62-69. <u>https://pubmed.ncbi.nlm.nih.gov/22177879/</u>. RADformation. BED [Biologically Effective Dose] Calculator. <u>https://radformation.com/blog/bed-calculator/</u>. Accessed 2021. Wright JL, Yom SS, Awan MJ, et al. Standardizing normal tissue controuring for radiation therapy treatment planning: An ASTRO consensus paper. <i>Pract Radiat Oncol.</i> <u>https://pubmed.ncbi.nlm.nih.gov/30576843/</u>.

	Patient Care 5: Treatment and Delivery
Overall Intent: To effectively direct and manage set-up, and management of treatment-related to	e radiation treatments including care coordination, review/evaluation of imaging for treatment
Milestones	Examples
Level 1 Describes the purpose of on-treatment visits including eliciting symptoms	Sees patient for on-treatment visit
Identifies the importance of online/offline imaging review	Aware that multiple types of images can be obtained to verify patient alignment for treatment
	 Aware that some images are reviewed online and some offline
Identifies the importance of continued coordination of care during combined modality treatments	 Knows the members of the multidisciplinary treatment team
Level 2 Anticipates and elicits common treatment-related acute toxicities	 Asks appropriate questions during on-treatment visit to elicit acute toxicities
Assesses online and offline imaging to evaluate for basic set-up	 Reviews and evaluates port films, on-board imaging, and cone beam computed tomography
Identifies issues during treatment that require multidisciplinary discussion	• Ensures that chemotherapy is scheduled for a patient received concurrent therapy
Level 3 Manages common treatment-related acute toxicities	 Manages common acute toxicities include dysuria, diarrhea, nausea, dermatitis, esophagitis, headache, mucositis, weight loss
Assesses online and offline imaging to evaluate for complex set-up	• Recommends changes to treatment imaging depending on clinical situations such as set- up that is not reproducible
Coordinates the multidisciplinary care of patient receiving combined modality therapy	 Communicates with medical oncologist when toxicities emerge that might impact course of chemotherapy
Level 4 Manages complex/high-grade treatment-related acute toxicities	 Manages complex toxicities including neutropenic fever, hypomagnesemia, deep vein thrombosis, and/or weight loss requiring a feeding tube
Independently decides on re-simulations and start adaptive radiotherapy	 Recommends re-simulation for a patient with lung cancer who presented with atelectasis and is found on daily imaging to have re-expansion of the lung

Manages multidisciplinary care that requires a deviation from the initial treatment course (such as treatment break)	• Communicates with inpatient medical oncology team about a patient with anal cancer is found to have severe neutropenia and skin toxicities requiring hospital admission and treatment break
Level 5 Designs novel set-up strategies	Works with physics and dosimetry team to develop new immobilization or shielding
	devices
Assessment Models or Tools	Direct observation
Curriculum Mapping	
Notes or Resources	Radiation Oncology Education Collaborative Study Group. Introductory Radiation
	Oncology Curriculum (IROC). <u>https://roecsg.org/iroc/</u> . Accessed 2021.

 Patient Care 6: Follow-Up

 Overall Intent: To address ongoing cancer management and survivorship care following initial treatment

Examples rms a general history and physical patients as directed in follow-up clinic mmends routine cancer follow-up schedule and required scans/procedures for non cancers such as prostate, breast, lung, and rectal cancers questions about urinary and sexual function in prostate cancer follow-up mmends changes to surveillance depending on clinical situations such as needing more frequent follow-up for a patient with head and neck cancer with
patients as directed in follow-up clinic mmends routine cancer follow-up schedule and required scans/procedures for non cancers such as prostate, breast, lung, and rectal cancers questions about urinary and sexual function in prostate cancer follow-up mmends changes to surveillance depending on clinical situations such as
mmends routine cancer follow-up schedule and required scans/procedures for non cancers such as prostate, breast, lung, and rectal cancers questions about urinary and sexual function in prostate cancer follow-up mmends changes to surveillance depending on clinical situations such as
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non cancers such as prostate, breast, lung, and rectal cancers questions about urinary and sexual function in prostate cancer follow-up mmends changes to surveillance depending on clinical situations such as
mmends changes to surveillance depending on clinical situations such as
e acute toxicities
ges mild urinary habit changes, bowel habit changes, mild lymphedema, and mild Il dysfunction
ulates and discusses survivorship plans with the patient
mmends appropriate screening for secondary malignancies for patients such as mending early mammogram for patients treated with thoracic radiation as an scent/young adult
linates with multidisciplinary team to manage fistula or stricture formation, non- ng radiation wounds, radiation pneumonitis, or hepatitis
s with multidisciplinary team to revise existing survivorship care plans based on new nce
observation

Curriculum Mapping	•
Notes or Resources	• American Cancer Society (ACS). American Cancer Society Survivorship Care Guidelines.
	https://www.cancer.org/health-care-professionals/american-cancer-society-survivorship-
	guidelines.html. Accessed 2021.
	Children's Oncology Group (COG). Survivorship Guidelines.
	https://childrensoncologygroup.org/index.php/survivorshipguidelines. Accessed 2021.
	 National Comprehensive Cancer Network (NCCN). Survivorship Guidelines.
	https://www.nccn.org/professionals/physician_gls/pdf/survivorship.pdf. Accessed 2021.

der, tandem and ovoid/ring) versus ng prostate implants , including target and OAR doses,
ng prostate implants
, including target and OAR doses,
ostate brachytherapy implant
cervical cancer brachytherapy plan
er and interstitial implants for prostate rstitial prostate implant
advanced or recurrent cervical
cal cancer
r patients with head and neck, erstitial gynecologic implants
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Delineates complex brachytherapy targets/organs at risk	• Recognizes when applicators are not appropriately placed and adjusts prior to proceeding with treatment planning, including inadequate vaginal packing and tandem perforation of the uterus
Demonstrates consistent ability to evaluate the plan for complex brachytherapy treatment	• Evaluates salvage high-dose rate brachytherapy plan for prostate cancer patient who received prior external beam radiation therapy with regard for respect for therapeutic ratio, helping to optimize target coverage and OAR avoidance in a patient and disease specific manner
Level 5 Exemplifies best practices in brachytherapy	Works with physics to customizes a vaginal applicator for a patient with a narrow introitus
Assessment Models or Tools	 Direct observation Multisource feedback Simulation
Curriculum Mapping	
Notes or Resources	American Brachytherapy Society (ABS). Brachytherapy Guidelines and Consensus Statements. <u>https://www.americanbrachytherapy.org/consensus-</u> <u>statements/brachytherapy-guidelines-and-consensus-statements/</u> . Accessed 2021.

Patient Care 8: Procedures	
Overall Intent: To independently and appropriately engage in the practice of stereotactic radiosurgery (SRS)/ stereotactic body radiation	
therapy (SBRT) Milestones	Examples
Level 1 Participates in discussions of SRS/SBRT indications	Discusses SRS/SBRT with attending physician at time of consult
Identifies SRS/SBRT targets/OARs	• Discusses distinct elements of external beam radiation therapy (EBRT) versus SRS/SBRT plan
Recognizes an SRS/SBRT treatment plan	• In chart rounds, identifies a lung SBRT plan and how it differs from standard fractionation treatment
Level 2 Demonstrates awareness of indications for SRS/SBRT	 Recommends SRS as a treatment option for limited brain metastases
Delineates simple SRS/SBRT targets/OARs	• Contours target volumes, including ITV, for Stage 1 non-small cell lung cancer for SBRT
Evaluates a simple SRS/SBRT plan	 Appropriately evaluates simple lung SBRT plan
Level 3 Makes recommendations for simple SRS/SBRT	• Recommends appropriate treatment for simple SRS/SBRT cases that are lower risk such as peripheral lung, prostate, and/or non-spine bone lesions
Delineates moderately complex SRS/SBRT targets/OARs	 Contours vestibular schwannoma, brainstem, and cochlea for SRS
Evaluates a moderately complex SRS/SBRT plan	 Appropriately evaluates a multi-site lung SBRT plan
Level 4 Makes recommendations for complex SRS/SBRT	• Recommends appropriate treatment for SRS/SBRT cases that have a higher risk of complications such as central lung, pancreas, liver, or spine
Delineates complex SRS/SBRT targets/OARs	Contours post-operative pituitary adenoma target for SRS
Evaluates a complex SRS/SBRT plan	 Appropriately evaluates a spine re-irradiation case employing SBRT
Level 5 Exemplifies best practices in SRS/SBRT	 Develops a process improvement strategy to refine respiratory motion management during lung SBRT
Assessment Models or Tools	Direct observation
	• E-module multiple choice tests
	Medical record (chart) audit

	 Multisource feedback Portfolio Simulation (e.g., OSCE, oral case-based objective skills assessment)
Curriculum Mapping	
Notes or Resources	 Benedict SH, Yenice KM, Followill D, et al. Stereotactic body radiation therapy: The report of AAPM Task Group 101. <i>Med Phys</i>. 2010;37(8):4078-4101. https://www.aapm.org/pubs/reports/detail.asp?docid=102. Grimm J, Marks LB, Jackson A, et al. High dose per fraction, Hypofractionated Treatment Effects in the Clinic (HyTEC): An overview. <i>Int J radiat Oncol Biol Phys</i>. 2021;110(1):1-10. https://www.redjournal.org/article/S0360-3016(20)34538-7/fulltext.

Medical Knowledge 1: Applied Sciences (Radiation Physics, Radiation and Cancer Biology, Biostatistics, Trial Design, Oncoanatomy)

Overall Intent: To incorporate the principles of radiation physics, cancer biology, biostatistics, trial design, and oncoanatomy into daily treatment care decisions

Milestones	Examples
Level 1 Demonstrates knowledge of basic radiographic anatomy of normal structures	 Identifies heart, lungs, esophagus, and spinal cord on CT simulation for a patient with non-small cell lung cancer
Recognizes the importance of medical physics in radiation oncology	 In clinic, tells patients that their plans must be checked by a medical physicist prior to starting radiotherapy as a component of quality assurance
Recognizes the importance of radiation/cancer biology in radiation oncology	• Identifies that fractionation is a component of radiation biology which can be altered based on tumor type to maximize therapeutic ratio
Level 2 Demonstrates knowledge of basic radiographic anatomy of abnormal (oncologic) structures and can apply to relevant staging systems	 Correlates primary lung tumor and mediastinal lymph nodes in a patient with non-small cell lung cancer with appropriate tumor, lymph nodes, and the presence of metastasis on the American Joint Committee on Cancer (AJCC) staging system
Discusses basic concepts of medical physics	• Describes to a patient the basic components of the linear accelerator and how it is used to deliver focal radiotherapy
Discusses basic concepts of radiation/cancer biology	• Discusses the rationale for standard fractionation with a patient with anal cancer receiving concurrent chemotherapy
Level 3 Integrates knowledge of pathologic anatomy and targeting guidelines in common clinical situations (e.g., breast/head and neck nodal anatomy)	 Contours CTVs for post-operative head and neck case using pathologic risk factors to guide volumes
Applies concepts of medical physics to common clinical situations	• Works with dosimetry to determine electron energy and bolus requirement for a skin cancer treatment
Applies concepts of radiation/cancer biology to common clinical situations	• Discusses the pros and cons of hypofractionation with a very young woman with breast cancer
Level 4 Integrates knowledge of pathologic anatomy and guidelines as needed to complex clinical situations	 Independently uses pathology and operative reports, imaging, and protocol guidelines to customize target volumes for a patient with sub-total resection of a glioblastoma

Applies medical physics concepts to complex clinical situations	Applies medical physics concepts to dosimetry to further optimize an IMRT plan
Applies radiation/cancer biology concepts to complex clinical situations	 Applies radiation biology to determine optimal reirradiation dose Understands that systemic medications can alter radiation sensitivity
Level 5 Demonstrates exemplary knowledge of the application of anatomic and radiographic knowledge	 Identifies errors in peer-review conference Serves as a resource for colleagues with regards to anatomic and radiographic knowledge
Demonstrates exemplary knowledge of medical physics concepts in the clinic	 Works with physicists during commissioning and quality assurance
Demonstrates exemplary knowledge of radiation/cancer biology concepts in the clinic	 Designs a clinical trial taking advantage of radiation cancer/biology concepts
Assessment Models or Tools	 Direct observation Written exams
Curriculum Mapping	
Notes or Resources	• AJCC. Cancer Staging Manual. <u>http://cancerstaging.org/references-</u> tools/deskreferences/Documents/AJCC%207th%20Ed%20Cancer%20Staging%20Manua <u>l.pdf</u> . Accessed 2021.
	 American College of Radiology (ACR). DXIT and TXIT In-Training Exams. <u>https://www.acr.org/Lifelong-Learning-and-CME/Learning-Activities/In-Training-Exams</u>. Accessed 2021.
	• Ford E. Primer on Radiatino Oncology Physics: Video Tutorials with Textbook and Problems. 1st ed. Boca Raton, FL: CRC Press; 2020. ISBN:978-1138591707.
	• Hall EJ, Giaccia AJ. <i>Radiobiology for the Radiologist.</i> 8th ed. Philadelphia, PA: Wolters Kluwer; 2019. ISBN:978-1496335418.
	• Khan FM, Gibbons JP. <i>The Physics of Radiation Therapy</i> . 5th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2014. ISBN:978-1451182453.
	LIDUITCUL VIIIIATTS & VIINITS, 2014, IODIN, 370-1401102400.

Medical Knowledge 2: Evidence-Based Foundations of Radiation Oncology Overall Intent: To develop a foundation of knowledge of the literature in radiation oncology which can be translated into clinical settings

Milestones	Examples
Level 1 Recognizes the importance of evidence- based medicine in radiation oncology	 Identifies that there are major trials that have shaped the treatment paradigm for patients with gastric cancer
Summarizes a published study	 After being provided with the reference, summarizes the results of the intergroup 0116 (INT-0116) trial (i.e., the MacDonald regimen)
Level 2 Summarizes evidence-based data supporting treatment management of common patient presentations	 Summarizes the data for adjuvant radiotherapy for DCIS based on large randomized clinical trials
Evaluates a basic published study and applies trial data to common clinical situations Level 3 Summarizes evidence-based data supporting treatment management of uncommon patient presentations	 In clinic, recommends hypofractionated radiotherapy for a woman with early-staged breast cancer based on Whelan and Standardization of Breast Radiotherapy (START) A/B trials After seeing a patient on the upcoming clinic schedule, reviews and summarizes the data for adjuvant radiotherapy for breast angiosarcoma
Evaluates complex published studies and applies trial data to less common clinical situations	 In clinic, discusses recommendations for reduced dose craniospinal irradiation for medulloblastoma based published studies
Level 4 Compares/contrasts and critiques evidence-based data supporting treatment management	• Evaluates the literature comprehensively, and compares and contrasts different approaches to nodal dissection in gastric cancer and how it relates to appropriate selection of adjuvant therapy
Evaluates complex published studies and applies trial data to complex clinical situations	 Discusses the pros and cons of adjuvant radiotherapy in a patient with resected pancreatic cancer based on conflicting evidence in the literature
Level 5 Demonstrates exemplary evaluation of published studies	 Independently provides expert-level commentary on study design, statistical methods, and/or interpretation of results for newly released publications Recognizes implicit bias assumptions embedded in published research
Assessment Models or Tools	Direct observation Written exams
Curriculum Mapping	•
Notes or Resources	 Handbook of Evidence-Based Radiation Oncology, Hanson and Roach, 2018 Hansen EK, Roach M III. <i>Handbook of Evidence-Based Radiation Oncology</i>. 3rd ed. Cham, Switzerland: Springer International Publishing; 2018. ISBN:978-3319626413.

 International Journal of Radiation Oncology • Biology • Physics. <u>https://www.redjournal.org/</u>. Accessed 2021. Practical Radiation Oncology (PRO). <u>https://www.practicalradonc.org/</u>. Accessed 2021. Radiation Oncology Education Collaborative Study Group (ROECSG). Biostatistics and Evidence Appraisal for Radiation Oncologists. <u>https://roecsg.org/statistics/</u>. Accessed 2021
2021.

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI) Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients, families, and health care professionals; to conduct a QI project	
Milestones	Examples
Level 1 Demonstrates knowledge of common patient safety events (physical, mental, and financial)	 Lists patient misidentification prior to treatment as a potential common safety events
Demonstrates knowledge of how to report patient safety events (physical, mental, and financial)	 Describes how to report errors in your environment
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes the importance of quality improvement and patient safety
Level 2 Identifies system factors that lead to patient safety events (physical, mental, and financial)	 Identifies failure to appropriately label contours may lead to errors during treatment planning
Reports patient safety events through institutional reporting systems (simulated or actual) (physical, mental, and financial)	 Reports lack of hand sanitizer dispenser at each clinical exam room to the medical director
Describes local quality improvement initiatives	 Summarizes processes for ensuring patient has documented consent prior to first treatment
Level 3 Participates in analysis of patient safety events (simulated or actual)	 Preparing for morbidity and mortality presentations
Participates in disclosure of patient safety events to patients and families (simulated or actual)	 Through simulation, communicates with patients/families about a radiation misadministration error
Participates in local quality improvement initiatives	 Participates in project identifying root cause of time from CT simulation to treatment inefficiency
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	 Collaborates with a team to conduct the analysis of a radiation misadministration error, treating the wrong vertebral body

Discloses patient safety events to patients and families (simulated or actual)	• Effectively communicates with patients/families after an incident with radiation misadministration of the wrong vertebral body
Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	• Participates in the completion of a QI project to improve time between simulation and treatment initiation including assessing the problem, articulating a broad goal, developing an objective plan, and monitoring progress and challenges
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	 Assumes a leadership role at the departmental or institutional level for patient safety
Role models or mentors others in the disclosure of patient safety events	 Develops a simulation workshop for disclosing patient safety events
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	• Initiates and completes a QI project to improve county human papillomavirus (HPV) vaccination rates in collaboration with the county health department and shares results with stakeholders
Assessment Models or Tools	Direct observation
	• E-module multiple choice tests
	 Medical record (chart) audit Multisource feedback
	Portfolio
	Reflection
	Simulation
Curriculum Mapping	
Notes or Resources	 Institute for Healthcare Improvement (IHI). <u>http://www.ihi.org/Pages/default.aspx</u>. Accessed 2021.

Systems-Based Practice 2: System Navigation for Patient-Centered Care Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to	
a specific patient population to ensure high-qua	
Milestones	Examples
Level 1 Demonstrates knowledge of care coordination	 For a patient with breast cancer identifies the care team including the medical oncologist, surgeon, radiation oncologist, and other health care professionals as members of the team
Identifies key elements for safe and effective	
transitions of care and hand-offs	 Identifies the patient list as an important tool for transitions of care including sign-out and hand-offs
Demonstrates knowledge of population and	
community health needs and disparities	 Identifies that patients in rural areas may have different needs than urban patients
Level 2 Coordinates care of patients in routine clinical situations effectively using the roles of the interprofessional teams	 For a patient with breast cancer, coordinates care with surgical oncology to allow adequate post-operative healing time and with medical oncology to ensure hormonal therapy starts after radiotherapy
Performs safe and effective transitions of care/hand-offs in routine clinical situations	 Routinely uses a patient list for transitions of care when out of clinic, on vacation, or at change of services
Identifies specific population and community health needs and inequities for their local population	 Identifies that limited transportation options may be a factor for patients getting to multiple radiotherapy appointments
Level 3 Coordinates care of patients in complex clinical situations effectively using the roles of their interprofessional teams	 For a patient with breast cancer, coordinates chest wall expander deflation with plastic surgery team prior to radiotherapy
Performs safe and effective transitions of care/hand-offs in complex clinical situations	• Works with the social worker to coordinate care for a homeless patient to ensure the patient completes their course of radiotherapy
Uses local resources effectively to meet the needs of a patient population and community	 Routinely communicates clinical details to accepting radiotherapy team after evaluating an on-call patient Refers patients to a local pharmacy which provides a sliding fee scale option and prints pharmacy coupons for patients in need
Level 4 Role models effective coordination of patient-centered care among different disciplines and specialties	• For a patient with breast cancer, proactively coordinates scheduling of CT simulation after completion of chemotherapy

Role models and advocates for safe and effective transitions of care/hand-offs within and across health care delivery systems	• For a patient with hormone-receptor positive breast cancer, contacts medical oncology team to notify them when radiation treatment is completed so hormonal therapy can be initiated
Participates in changing and adapting practice to provide for the needs of specific populations	 Consistently asks patients how far they live from the treating institution to optimize treatment selection and fractionation schema for patients that live far away
Level 5 Analyzes the process of care coordination and leads in the design and implementation of improvements	 Leads a program to arrange for multidisciplinary survivorship care in conjunction with integrative health
Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	 Develops a protocol to automatically launch referrals to speech therapy and a dietitian for patients starting head and neck radiotherapy
Leads innovations and advocates for populations and communities with health care inequities	 Leads development of a program to help low-income patients obtain transportation to/from the radiotherapy clinic
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multisource feedback Ouglity matrice and goals mined from electronic health records (EUDs)
	 Quality metrics and goals mined from electronic health records (EHRs) Review of sign out tools, use and review of checklists
Curriculum Mapping	•
Notes or Resources	Center for Disease Control and Prevention (CDC). What is Population Health?
	https://www.cdc.gov/pophealthtraining/whatis.html. Accessed 2021.
	• Skochelak SE, Hammoud MM, Lomis KD, et al. <i>AMA Education Consortium: Health Systems Science</i> . 2nd ed. Philadelphia, PA: Elsevier; 2020. ISBN:978-0323694629.

Systems-Based Practice 3: Phy	ysician Role in Health Care Systems

Overall Intent: To understand the physician's role in the complex health care system and how to optimize the system to improve patient care	
and the health system's performance	
Milestones	Examples
Level 1 Identifies key components of the complex health care system (e.g., hospital, skilled nursing facility, finance, personnel, technology)	 Able to articulate differences in logistics between inpatient and outpatient radiotherapy treatment
Describes basic health payment systems (e.g., government, private, public, uninsured care) and practice models	 Understands the impact of health plan coverage on prescription drugs or radiotherapy options for individual patients
Identifies basic knowledge domains for effective transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)	 Identifies that notes must meet coding requirements
Level 2 Describes how components of a complex health care system are inter-related, and how this impacts patient care	 Explains that improving patient satisfaction improves patient adherence to treatment plan and overall outcomes
Delivers care with consideration of each patient's payment constraints (e.g., insurance type)	 Takes into consideration patient's radiotherapy coverage when choosing between 3-D- CRT, IMRT, and/or proton therapy
Describes core administrative knowledge needed for transition to practice (e.g., contract negotiations, malpractice insurance, government regulation, compliance)	 Recognizes that appropriate documentation can influence proper insurance coverage for radiation treatment
Level 3 Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency)	 Ensures that patients have appropriate follow-up after completion of radiotherapy
Engages with patients in shared decision making, informed by each patient's payment constraints	 Discusses risks and benefits of pursuing advanced imaging in low-risk cancer patients who might have a high deductible

Demonstrates use of information technology required for medical practice (e.g., electronic health record, documentation required for billing and coding)	 Appropriately documents previous radiation treatments in EHR to ensure proper insurance coverage for complex radiation modalities
Level 4 Manages various components of the complex health care system to provide efficient and effective patient care and transition of care	 Ensures proper documentation of completion of radiotherapy
Advocates for patient care needs (e.g., community resources, patient assistance resources) with consideration of the limitations of each patient's payment constraints	 Works collaboratively to improve patient assistance resources for a patient with complicated cancer care and limited resources
Analyzes individual practice patterns and professional requirements in preparation for practice	 Proactively compiles radiotherapy case log in anticipation of applying for hospital privileges
Level 5 Advocates for or leads systems change that enhances high-value, efficient, and effective patient care and transition of care	 Works with community or professional organizations to advocate for cancer awareness
Participates in health policy advocacy activities	 Improves informed consent process for non-English-speaking patients requiring interpreter services
Educates others to prepare them for transition to practice	Mentors more junior residents in practice habits
Assessment Models or Tools	 Direct observation Medical record (chart) audit Patient satisfaction data Portfolio
Curriculum Mapping	
Notes or Resources	 American Board of Internal Medicine. QI/PI activities. Practice Assessment: Modules that physicians can use to assess clinical practice. 2019. <u>http://www.abim.org/maintenance-of-certification/earning-points/practice-assessment.aspx. Accessed 2021.</u> Agency for Healthcare Research and Quality (AHRQ). Major Physician Measurement Sets. <u>https://www.ahrq.gov/talkingquality/measures/setting/physician/measurement-sets.html</u>. Accessed 2021.

AHRQ. Measuring the Quality of Physician Care.
https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html. Accessed
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• American Board of Internal Medicine. QI/PI Activities. https://www.abim.org/maintenance-
of-certification/earning-points/gi-pi-activities/. Accessed 2021.
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http://datacenter.commonwealthfund.org/? ga=2.110888517.1505146611.1495417431-
1811932185.1495417431#ind=1/sc=1. Accessed 2021.
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https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-
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• KFF. Health Reform: https://www.kff.org/topic/health-reform/. Accessed 2021.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To incorporate evidence and patient values into clinical practice

Milestones	Examples
Level 1 Demonstrates how to access and use available evidence, and incorporate patient preferences and values to take care of a routine patient	 Identifies evidence-based treatment guidelines for cervical cancer at National Comprehensive Cancer Network (NCCN) website
Level 2 Articulates clinical questions and elicits patient preferences and values to guide evidence-based care	 For a patient with cervical cancer, identifies and discusses potential evidence-based treatment options, and solicits patient perspective
Level 3 Locates and applies the best available evidence, integrated with patient preference, to the care of complex patients	 Obtains, discusses, and applies evidence for the treatment of a patient with endometrial cancer and co-existing morbid obesity and cardiac disease Understands and appropriately uses clinical practice guidelines in making patient care decisions while eliciting patient preferences
Level 4 <i>Critically appraises and applies</i> <i>evidence even in the face of uncertainty and</i> <i>conflicting evidence to guide care, tailored to the</i> <i>individual patient</i>	 Accesses the primary literature to identify alternative treatments to primary surgery for endometrial cancer
Level 5 Coaches others to critically appraise and apply evidence for complex patients	 Leads a multidisciplinary journal club at the start of tumor board to review a practice changing study Coaches a nurse about evidence-based practice for management of radiation oral mucositis
Assessment Models or Tools	 Direct observation Oral or written examinations Presentation evaluation Research portfolio
Curriculum Mapping	
Notes or Resources	 National Comprehensive Cancer Network (NCCN). Recently Updated Guidelines. <u>https://www.nccn.org/guidelines/recently-published-guidelines</u>. Accessed 2021. U.S. National Library of Medicine (NIH). PubMed Online Training. <u>https://www.nlm.nih.gov/bsd/disted/pubmedtutorial/cover.html</u>. Accessed 2021. U. S. Preventive Services Task Force. Recommendations. <u>https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=</u> <u>P</u>. Accessed 2021. UpToDate. https://www.uptodate.com/login. Accessed 2021.

	Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth	
Overall Intent: To seek clinical performance information with the intent to improve care; reflects on all domains of practice, personal		
interactions, and behaviors, and their impact on colleagues and patients (reflective mindfulness); develop clear objectives and goals for		
improvement in some form of a learning plan Milestones	Examples	
Level 1 Accepts responsibility for personal and	 Sets a personal practice goal of reviewing two primary papers per week related to the 	
professional development by establishing goals	disease site seen in clinic	
Identifies the factors which contribute to gap(s) between expectations and actual performance	 Identifies gaps in knowledge of treatment of common tumor sites 	
Actively seeks opportunities to improve	 Asks for feedback from patients, families, and patient care team members 	
Level 2 Demonstrates openness to performance data (feedback and other input) to inform goals	 Integrates feedback to adjust the discussion of sources and content of papers in clinical documentation 	
Analyzes and reflects on the factors which contribute to gap(s) between expectations and actual performance	• Assesses time management skills and how it impacts timely completion of clinic notes and contouring of treatment volumes	
Designs and implements a learning plan, with prompting	 When prompted, develops individual education plan to improve their ability to contour head and neck lymph node volumes 	
Level 3 Seeks performance data episodically, with adaptability, and humility	 Does a review of cases to determine the percent of patients evaluated with brain MRI prior to chemoradiotherapy for Stage 3 non-small cell lung cancer 	
Analyzes, reflects on, and institutes behavioral change(s) to narrow the gap(s) between expectations and actual performance	 Reviews practice guidelines and updated/newly published clinical trial data prior to patient encounters 	
Independently creates and implements a learning plan	 Using web-based resources, creates a personal curriculum to improve understanding of head and neck anatomy and contouring 	
Level 4 Intentionally seeks performance data consistently with adaptability, and humility	 Completes a quarterly chart audit to ensure documentation of brain MRI prior to chemoradiotherapy for patients with Stage 3 non-small cell lung cancer 	
Challenges assumptions and considers alternatives in narrowing the gap(s) between expectations and actual performance	• After patient encounter, debriefs with the attending and other patient care team members to optimize future collaboration in the care of the patient and family	

Uses performance data to measure the effectiveness of the learning plan and when necessary, improves it	• At the conclusion of the head and neck rotation, reviews the notes from attending feedback on contouring to determine performance, whether the same corrections are being requested, increased corrections are needed, or whether there is improvement. Based on personal review, plans ahead for how to improve on next rotation
Level 5 Role models consistently seeking performance data with adaptability and humility	 Models practice improvement and adaptability
Coaches others on reflective practice	• Develops educational module for collaboration with other patient care team members
Facilitates the design and implementation of learning plans for others	 Assists first-year residents in developing their individualized learning plans
Assessment Models or Tools	Direct observation
	- Deview of learning alon
	Review of learning plan
Curriculum Mapping	Review of learning plan
Curriculum Mapping Notes or Resources	 Review of learning plan Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: Practice-based learning and improvement. <i>Acad Pediatr.</i> 2014;14(2 Suppl):S38-S54. <u>https://www.academicpedsinl.net/article/S1876-2859(13)00333-1/fulltext</u>. Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Acad Med.</i> 2009;84(8):1066-1074.
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	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: Practice-based learning and improvement. <i>Acad Pediatr.</i> 2014;14(2 Suppl):S38-S54. <u>https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext</u>. Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Acad Med.</i> 2009;84(8):1066-1074. <u>https://journals.lww.com/academicmedicine/Fulltext/2009/08000/Measurement and Correlates of Physicians Lifelong.21.aspx</u>.

Professionalism 1: Professional Behavior and Ethical Principles Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrates ethical and professional behaviors, and	
use appropriate resources for managing ethical and professional dilemmas	
Milestones	Examples
Level 1 Identifies and describes potential triggers for professionalism lapses	 Understands that being tired can cause a lapse in professionalism
Describes when and how to appropriately report professionalism lapses, including strategies for addressing common barriers	 Understands being late to clinic has adverse effect on patient care and on professional relationships
Demonstrates knowledge of the ethical principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	 Articulates how the principle of "do no harm" applies to a patient who may not need a central line even though the training opportunity exists
Level 2 Demonstrates professional behavior in routine situations	 Respectfully approaches a resident who is late to clinic about the importance of being on time
Takes responsibility for own professionalism lapses	• Models respect for patients and promotes the same from colleagues when a patient has been waiting an excessively long time to be seen
Analyzes straightforward situations using ethical principles	 Identifies and applies ethical principles involved in informed consent when the resident is unclear of all the risks
Level 3 Demonstrates professional behavior in complex or stressful situations	 Appropriately responds to a distraught family member during a challenging patient conversation about cancer prognosis
Recognizes need to seek help in managing and resolving complex ethical situations	 After noticing a colleague's inappropriate social media post, reviews policies related to posting of content and seeks guidance
Analyzes complex situations using ethical principles	 Offers treatment options for a terminally ill patient, free of bias, while recognizing own limitations, and consistently honoring the patient's choice
Level 4 Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in self and others	 Actively considers the perspectives of others including differences in race, ethnicity, gender, culture, beliefs, as well as different roles in the clinic setting (administrative staff, nursing, dosimetrists, physicists, radiation therapists, referring providers, etc.)

Recognizes and uses appropriate resources for managing and resolving ethical dilemmas as needed. (e.g., ethics consultations, literature review, risk management/legal consultation)	 Recognizes and uses ethics consults, literature, risk-management/legal counsel in order to resolve ethical dilemmas
Level 5 Coaches others when their behavior fails to meet professional expectations	• Coaches others when their behavior fails to meet professional expectations and creates a performance improvement plan to prevent recurrence
Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution through structured quality improvement	 Engages stakeholders to address excessive wait times to decrease patient and provider frustrations that lead to unprofessional behavior
Assessment Models or Tools	 Direct observation Global evaluation Multisource feedback Oral or written self-reflection Simulation
Curriculum Mapping	
Notes or Resources	 ABIM Foundation. American Board of Internal Medicine. Medical professionalism in the new millennium: A physician charter. <i>Annals of Internal Medicine</i>. 2002;136(3):243-246. https://annals.org/aim/fullarticle/474090/medical-professionalism-new-millennium-physician-charter. American Medical Association. Ethics. https://www.ama-assn.org/delivering-care/ethics. Accessed 2021.
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	 Domen RE, Johnson K, Conran RM, et al. Professionalism in pathology: A case-based approach as a potential education tool. <i>Arch Pathol Lab Med.</i> 2017; 141:215-219. <u>https://pubmed.ncbi.nlm.nih.gov/27763788/</u>. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. <i>Understanding Medical Professionalism.</i> 1st ed. New York, NY: McGraw-Hill Education; 2014. ISBN:978-0071807432.

Professionalism 2: Accountability/Conscientiousness Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team

Milestones	Examples
Level 1 Takes responsibility for failure to	 Responds promptly to reminders from program administrator to complete work hour logs
complete tasks and responsibilities, identifies	and case logs
potential contributing factors, and describes	Timely attendance at conferences
strategies for ensuring timely task completion in	 Completes end of rotation evaluations
the future	
Level 2 Performs tasks and responsibilities in a	 Completes administrative tasks, documents safety modules, procedure review, and
timely manner with appropriate attention to	licensing requirements by specified due date
detail in routine situations	Before going out of town, completes tasks in anticipation of lack of computer access while
	traveling
	 Timely completion of clinic documentation and contours for standard radiation planning
Level 3 Performs tasks and responsibilities in a	 Notifies attending of multiple competing demands on call, appropriately triages tasks, and
timely manner with appropriate attention to	asks for assistance from other residents or faculty members as needed
detail in complex or stressful situations	 In preparation for being out of the office, arranges coverage for assigned clinical tasks
	and ensures appropriate continuity of care
	 Timely completion of contours for urgent/emergent radiation planning
Level 4 Recognizes situations that may impact	• Takes responsibility for inadvertently omitting key patient information during consultation,
others' ability to complete tasks and	follow-up or treatment planning and professionally discusses with the patient, family and
responsibilities in a timely manner	interprofessional team
Level 5 Takes ownership of system outcomes	 Sets up a meeting with the nurse manager or radiation therapy manager to streamline
	patient flow through clinic, simulation and radiation treatment and leads team to find
	solutions to the problem
Assessment Models or Tools	 Compliance with deadlines and timelines
	Direct observation
	Global evaluations
	Multisource feedback
	Self-evaluations and reflective tools
Curriculum Mapping	•
Notes or Resources	ASTRO. ASTRO Code of Conduct. https://www.astro.org/About-ASTRO/Board-and-
	Leadership/ASTRO-Code-of-
	Conduct#:~:text=The%20ASTRO%20Code%20of%20Conduct,in%20every%20decision%
	20we%20make. Accessed 2021.
	Code of conduct from fellow/resident institutional manual
	 Expectations of residency program regarding accountability and professionalism
Professionalism 3: Self-Awareness and Help-Seeking Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others

Milestones	Examples
Level 1 Identifies elements of wellness and	 Acknowledges own response to patient's incurable cancer diagnosis
describes risk factors for burnout and signs and	
symptoms of burnout and depression in self or	
peers	
Level 2 With assistance, recognizes status of	 Independently identifies and communicates impact of a personal family tragedy
well-being and risk factors for maladaptation in	
self or peers	
Level 3 Independently recognizes status of well-	With the multidisciplinary team, develops a reflective response to deal with personal
being in self or peers and reports concerns to	impact of difficult patient encounters and disclosures
appropriate personnel	
Level 4 Develops and implements a plan to	 Independently identifies ways to manage personal stress
improve well-being of self or peers, including	
utilization of institutional or external resources	
Level 5 Recommends and facilitates system	 Assists in organizational efforts to address clinician well-being after patient
changes to promote wellness in a practice or	diagnosis/prognosis/death
institution	
Assessment Models or Tools	Direct observation
	 Group interview or discussions for team activities
	Individual interview
	 Institutional online training modules
	 Self-assessment and personal learning plan
Curriculum Mapping	•
Notes or Resources	 ACGME. Well-Being Tools and Resources. <u>https://dl.acgme.org/pages/well-being-tools-</u>
	resources. Acessed 2022.
	• Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence:
	Personal and professional development. Acad Pediatr. 2014;14(2 Suppl):S80-97.
	https://www.academicpedsjnl.net/article/S1876-2859(13)00332-X/fulltext.
	 Local resources, including Employee Assistance Programs (EAPs)

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication

Overall Intent: To deliberately use language and behaviors to form constructive relationships with patients, to identify communication barriers including self-reflection on personal biases, and minimize them in the doctor-patient relationships; organize and lead communication around shared decision-making

around shared decision-making	
Milestones	Examples
Level 1 Uses language and nonverbal behavior to demonstrate respect and establish rapport	 Introduces self and faculty member, identifies patient and others in the room, and engages all parties in health care discussion
Identifies common barriers to effective communication (e.g., language, disability) while accurately communicating own role within the health care system	 Identifies need for a trained interpreter with non-English-speaking patients Uses age-appropriate language when discussing treatments with pediatric patients
Identifies the need to adjust communication strategies based on assessment of patient/family expectations and understanding of their health status and treatment options	Understands the purpose of consent forms
Level 2 Establishes a therapeutic relationship in straightforward encounters using active listening and clear language	 Avoids medical jargon and restates patient perspective when discussing dietary and lifestyle changes
Identifies complex barriers to effective communication (e.g. health literacy, cultural)	 Recognizes the need for handouts with diagrams and pictures to communicate information to a patient who is unable to read
Organizes and initiates communication with patient/family by introducing stakeholders, setting the agenda, clarifying expectations, and verifying understanding of the clinical situation	 States purpose of visit, shares details of care, requests feedback from the patient
Level 3 Establishes a therapeutic relationship in challenging patient encounters	 Confers with more senior residents or medical staff members on course of action
When prompted, reflects on personal biases while attempting to minimize communication barriers	 Acknowledges patient's concerns and reservations, and can establish rapport and trust
With guidance, sensitively and compassionately delivers medical information, elicits	 In a discussion with the faculty member, acknowledges discomfort in caring for a patient who distrusts oncology treatments or has many missed radiation treatments

patient/family values, goals and preferences, and acknowledges uncertainty and conflict	 Conducts a family meeting to determine a plan for withdrawal of active treatment in a terminally ill patient Helps patient or family understand consent forms as questions arise
Level 4 Easily establishes therapeutic relationships, with attention to patient/family concerns and context, regardless of complexity	• Continues to engage representative family members with disparate goals in the care of a patient with dementia
Independently recognizes personal biases while attempting to proactively minimize communication barriers	 Reflects on personal bias related to personal experiences of treatment of family or friends and solicits input from faculty or other residents
Independently, uses shared decision making to align patient/family values, goals, and preferences with treatment options to make a personalized care plan	 Uses patient and family member input to engage pastoral care and develop a plan for home hospice in the terminally ill patient, aligned with the patient's values Translates or explains diagnosis and treatment terminology in common terms, as much as possible, when necessary to facilitate understanding
Level 5 Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	 Leads a discussion group on personal experiences of moral, emotional, ethical, or physical distress
Role models self-awareness while identifying a contextual approach to minimize communication barriers	 Develops a residency curriculum which addresses unconscious bias
Role models shared decision making in patient/family communication including those	 Serves on a hospital bioethics committee Easily discern level of patient's or family's ability to understand medical terminology and
with a high degree of uncertainty/conflict	intentions and appropriately adjust for maximum understanding without diluting or minimizing message
Assessment Models or Tools	 Direct observation Kalamazoo Essential Elements Communication Checklist (Adapted) OSCE
	 Self-assessment including self-reflection exercises Skills needed to Set the state, Elicit information, Give information, Understand the patient, and End the encounter (SEGUE) Standardized patients
Curriculum Mapping	•
Notes or Resources	• Laidlaw A, Hart J. Communication skills: An essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i> .

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Interpersonal and Communication Skills 2: Interprofessional and Team Communication

Overall Intent: To effectively communicate with the health care team, including consultants, in both straightforward and complex situations

Milestones	Examples
Level 1 Respectfully requests a consultation	 When asking for a consultation for a patient, respectfully relays the diagnosis and need to discuss areas of concern
Uses language that values all members of the health care team	 Acknowledges the contribution of each member of the consulting team to the patient
Participates in structured feedback	 Asks clarifying questions politely, and expresses gratitude for the consult on all consult requests
Level 2 Clearly and concisely requests a consultation	 Communicates diagnostic evaluation recommendations clearly and concisely in an organized and timely manner
Communicates information effectively with all health care team members	 Establishes unified understanding of consult request and responds in a timely manner, respectfully Sends a message in EHR to all "need-to-know" team members
Solicits feedback on performance as a member of the health care team	 Regularly asks for feedback Independently reviews personal files for feedback Asks/knows the timing of recording feedback in their file Follows up on feedback/requests clarification on feedback which is contrary to resident's self-perception
Level 3 Checks own understanding of consultant recommendations	• After a consultation has been completed, communicates with the primary care team to verify they have received and understand the recommendations
Uses active listening to adapt communication style to fit team needs	 When receiving treatment recommendations from an attending physician, repeats back the plan to ensure understanding At the end of consultation, and prior to signing the consent form, asks the patient to repeat indications and risks of the treatment
Communicates concerns and provides feedback to peers and learners	 Ask clarifying questions Clear verification verbally and in documentation in writing when there's a higher level of risk, e.g., if intentionally exceeding standard dose constraints or in cases of re-treatment

Level 4 Coordinates recommendations from different members of the health care team to optimize patient care Consistently demonstrates effective team communication based upon summative feedback	 Initiates a multidisciplinary meeting to develop coordinated care plan for a patient, e.g., runs a team huddle or coordinates care among nursing, therapists, and social workers Asks other members of the health care team to repeat back recommendations to ensure understanding
Communicates feedback and constructive criticism to superiors	 Participates in a Program Evaluation Committee meeting and provides feedback to the committee about the program of assessment
Level 5 Role models flexible communication strategies that value input from all health care team members, resolving conflict when needed	 Defines rules of engagement such as: no interrupting a speaker, no nonverbal signals of disapproval (e.g., eye rolls), and no abusive language; invites additional comments Mediates a conflict resolution between different members of the health care team
Develops strategies for and/or leads interdisciplinary team communication training	Develops an OSCE for communication training
Facilitates regular healthcare team-based feedback in complex situations or new technologies	 Participates on a committee to review a new technology or clinical workflow
Assessment Models or Tools	Direct observation
	Global assessment
	Medical record (chart) audit
	Multi-source feedback Simulation
Curriculum Menning	Simulation
Curriculum Mapping Notes or Resources	Proddack CH, Edwards KA, Hasenberg NM, Leidley TL, Levinsen M, Infermed decision
Notes of Resources	 Braddock CH, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: Time to get back to basics. <i>JAMA</i>. 1999;282:2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360. <i>MedEdPORTAL</i>. 2015;11:10174. https://www.mededportal.org/doi/10.15766/mep_2328. Fay D, Mazzone M, Douglas L, Ambuel B. A validated, behavior-based evaluation
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Interpersonal and Com Overall Intent: To effectively communicate usin	munication Skills 3: Communication within Health Care Systems ng a variety of methods
Milestones	Examples
Level 1 Accurately records information in the patient record	Documentation is accurate but may include extraneous information
Safeguards patient personal health information	 Avoids talking about patients in public arenas Protect user credentials and reports abuses of user credentials by any party
Communicates through appropriate channels as required by institutional policy (e.g. patient safety reports, cell phone/pager usage)	 Does not use personal email to communicate patient information Identifies institutional and departmental communication hierarchy for concerns and safety issues
Level 2 Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	 Organized and accurate documentation outlines clinical reasoning that supports the treatment plan
Documents required data in a timely manner, in formats specified by institutional policy	 Develops documentation templates for the service
Respectfully communicates concerns about the system	 Reviews and understand the institutions documentation policy and formats Recognizes that a communication breakdown has happened and respectfully brings the breakdown to the attention of the chief resident or faculty member
Level 3 Concisely reports diagnostic and therapeutic reasoning in the patient record	 Complex clinical thinking is documented concisely but may not contain anticipatory guidance
Appropriately selects direct (e.g. telephone, in- person) and indirect (e.g. progress notes, text messages) forms of communication based on context	 Calls patient immediately about potentially critical test result speaking only to confirmed authorized patient or patient representative
Uses appropriate channels to offer clear and constructive suggestions to improve the system	 Knows when to direct concerns locally, departmentally, or institutionally, i.e., appropriate escalation
Level 4 Communicates clearly, concisely, timely, and in an organized written form, including anticipatory guidance	 Documentation is consistently accurate, organized, and concise, and frequently incorporates anticipatory guidance

Achieves written or verbal communication (e.g., patient notes, email) that serves as an example for others to follow	 Notes are exemplary and used by the chief resident to teach others
Initiates difficult conversations with appropriate stakeholders to improve the system data integrity and friendliness	• Talks directly to team member or intra-departmental personnel regarding any breakdowns in communication to prevent recurrence
Level 5 Models feedback to improve others' written communication	 Shares written feedback with others' when appropriate Shares experiences that either support or argue against established or recommended policies and procedures
<i>Guides departmental or institutional communication around policies and procedures</i>	 Organize stakeholder conversations with specific and shared agenda items
Facilitates dialogue regarding systems issues among larger community stakeholders (institution, health care system, field)	• Participates in committees that guide improvement in departmental or institutional policies and procedures
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multisource feedback
Curriculum Mapping	
Notes or Resources	• Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible electronic documentation: Validity evidence for a checklist to assess progress notes in the electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432.
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	 Starmer AJ, Spector ND, Srivastava R, et al. I-pass, a mnemonic to standardize verbal
	handoffs. <i>Pediatrics</i> . 2012;129.2:201-204.
	https://pediatrics.aappublications.org/content/129/2/201.long?sso=1&sso_redirect_count=
	1&nfstatus=401&nftoken=0000000-0000-0000-0000-
	0000000000000&nfstatusdescription=ERROR%3a+No+local+token.

Radiation Oncology Supplemental Guide

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Lymphoma	
PC2: Head and Neck	
PC3: Genitourinary (GU)	
PC4: Palliation	
PC5: Breast	
PC6: Gastrointestinal (GI)	
PC7: Gynecologic (GYN)	
PC8: Lung	
PC9: Adult Brain Tumor	
PC10: Brachytherapy	PC7: Brachytherapy
PC11: Stereotactic Radiosurgery (SRS)/Stereotactic Body Radiotherapy (SBRT)	PC8: Procedures: Stereotactic Radiosurgery (SRS) and Stereotactic Body Radiation Therapy (SBRT)
	PC1: Consult PC2: Simulation PC3: Contouring and Target Delineation PC4: Treatment Planning and Plan Evaluation PC5: Treatment Delivery PC6: Follow-Up
MK1: Medical Physics	MK1: Applied Sciences
MK2: Radiation/Cancer Biology	MK1: Applied Sciences
	MK2: Evidence-Based Foundations of Radiation Oncology
SBP1: Work and coordinate patient care effectively in various health care delivery settings and systems	SBP2: System Navigation for Patient-Centered Care
SBP2: Incorporate considerations of cost awareness and risk- benefit analysis in patient- and/or population-based care, as appropriate	SBP3: Physician Role in Health Care Systems

SBP3: Work in interprofessional teams to enhance patient safety and improve patient care quality; advocate for quality patient care and optimal patient care systems; participate in identifying system errors and implementing potential system solutionsSBP1: Patient Safety and Quality ImprovementPBL11: Identify strengths, deficiencies, and limits in one's knowledge and expertise; set learning and improvement goals and identify and perform appropriate learning activities utilizing information technology, evidence from scientific studies, and evaluation feedback; systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvementPBLI2: Participate in the education of patients, families, students, residents, and other health professionalsPROF1: Professional Behavior and Ethical Principles
knowledge and expertise; set learning and improvement goals and identify and perform appropriate learning activities utilizing information technology, evidence from scientific studies, and evaluation feedback; systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvementGrowthPBLI2: Participate in the education of patients, families, students, residents, and other health professionalsFROF1: Professional Behavior and Ethical Principles
residents, and other health professionals PROF1: Compassion, integrity, and respect for others, as well as PROF1: Professional Behavior and Ethical Principles
including diversity in gender, age, culture, race, religion, disabilities, and sexual orientation; knowledge about, respect for, and adherence to the ethical principles relevant to the practice of medicine, remembering in particular that responsiveness to patients that supersedes self-interest is an essential aspect of medical practice
PROF2: Accountability to patients, society, and the profession; PROF2: Accountability/Conscientiousness personal responsibility to maintain emotional, physical, and PROF3: Self-Awareness and Help-Seeking mental health PROF3: Self-Awareness and Help-Seeking
ICS1: Effective communication with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds; effective communication with physicians, other health care professionals, and health-related agencies
ICS2: Effective member or leader of a health care team or other professional group; maintenance of comprehensive, timely, and legible medical records
ICS3: Communication within Health Care Systems

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, new 2021 - <u>https://meridian.allenpress.com/jgme/issue/13/2s</u>

Clinical Competency Committee Guidebook, updated 2020 - <u>https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380</u>

Clinical Competency Committee Guidebook Executive Summaries, new 2020 - <u>https://www.acgme.org/What-We-</u> <u>Do/Accreditation/Milestones/Resources</u> - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750</u>

Milestones for Residents and Fellows PowerPoint, new 2020 -<u>https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows</u>

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - <u>https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013</u>

Assessment Guidebook, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587 (2019)

Milestones Bibliography, updated twice each year - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447</u>

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment</u>

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Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://dl.acgme.org/pages/assessment

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/